



วารสารเทคนิคการแพทย์ เชียงใหม่
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Review-type articles and case reports are accepted for publication by the Bulletin of Chiang Mai Medical Technology. All manuscripts must be original and should have preferably not been previously submitted to any other publication. Preference is given to material which is of general interest to medical practitioners and research workers in clinical medicine.

Manuscripts must be as concise as possible and should be typed in English with double line spacing. They should be forwarded to the editor, Bulletin of Chiang Mai Medical Technology, Faculty of Medicine, Chiang Mai University. The title should be limited to a maximum of 10 words and the article broken up with suitable subtitles. Black and White photographs may also be submitted and under special circumstances, colour may be accepted

All accepted manuscripts are subject to copy editing, 20 reprints are return to the author.

Manuscripts should be arranged in this form :-

An abstract of not more than 100 words containing a brief outline of the paper must accompany the manuscript.

Introduction.

Materials and Methods.

Results of Experiment.

Discussion.

References.

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วันที่.....

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HYPERSEGMENTED NEUTROPHILS AND GIANT MYELOCYTES IN PROTEIN CALORIE MALNUTRITION

By

Tawat Tositarat, B.Sc. (Med. Tech.)*

Panja Kulapongs, M.D., Dip. Amer. Bd. Ped.**

Abstract

The qualitative leukocyte changes suggestive of erythroid maturation factor (folates, vitamin B₁₂) deficiency as evidenced by the presence of giant neutrophilic bands and metamyelocytes, a high lobe average, higher percent of the hypersegmented neutrophils are frequently observed in PCM children. Their significance and relationship with the deficiency state of iron, folates, vitamins B₁₂ and E were investigated. It is concluded that although these leukocyte changes are the well known signs of megaloblastic anemias their presence in children with PCM are among the most common findings and apparently have no relationship with the vitamin B₁₂, vitamin E or folate deficiency. The results suggested that it may related to the associated infections and iron deficiency.

INTRODUCTION

Protein calorie malnutrition (PCM) is the most prevalent disease of nutritional deficiency in the world. (1) Although it affects primarily the young children, older children and adults are not spared. (2,3) From the earliest clinical description of PCM, pallor and anemia have been among the chief signs described. (4,5,9) Since

then many descriptions have appeared in the literature. (4,5,6,7) In the majority of uncomplicated PCM the anemia observed are of normochromic normocytic type. However, the peripheral smear very often shows anisocytosis, poikilocytosis, occasional target cells with normal white cells and platelet counts. (8-21) Many

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investigators also observed PCM children with hypochromic microcytic anemia. (14-16, 18, 19, 22, 23) Macrocytic anemia is a prominent part of PCM in certain parts of the world (3, 11, 12, 14, 15, 18, 21, 24-27) such as in India, (14, 21) Egypt, (19) South America, (26) and Africa. (27)

PCM is still one of the major pediatric problem in Northern Thailand. (28) Our previous studies (23) indicated that the etiologies of anemia in these children are protein and iron deficiencies although the striking leukocytic changes known to be associated with the erythroid maturation factor (EMF) deficiencies (esp. folic acid, vitamin B₁₂) were noted. This included the presence of hypersegmented neutrophilic leukocytes in blood smear, the observation of large proerythroblasts

and giant metamyelocytes in bone marrow smears.

This is the analysis of the investigation of the significance of the above-mentioned leukocytic changes in relation to the abnormalities in the folic acid, vitamin B₁₂, vitamin E and iron status observed in children with PCM.

MATERIALS AND METHODS

Twenty two children between 1-3 year of age with clinical evidence of severe PCM according to Gomez's criteria (29) and a hemoglobin of less than 10.2 gm/100 ml. were admitted to the Pediatric Ward of Chiang Mai St. Louis Research Center. They were divided into 4 study group. The twelve week protocol was consisting of 2 six-week periods as follow.

SCHEDULE FOR SUPPLEMENT HEMATINICS

	FIRST 6 WEEKS	SECOND 6 WEEKS
GROUP I	None	None
GROUP II	Iron + Vit. E	Iron + Vit. E
GROUP III	Vit. E	Iron + Vit. E
GROUP IV	Iron	Iron + Vit. E

Whole blood hemoglobin levels were determined by the method of crosby, (30) microhematocrit was done by the method of McGovern et al. (31) White cell count and platelet count were carried out by the standard technics. (32,33) Reticulocyte counts were done with the New methylene blue method. (34) Bone marrow aspiration from the spinous proceses were carried out at interval. Defferential cell counts were done on the bone marrow and peripheral blood smears stained with Wright's stain. The stained peripheral blood smears were examined carefully for the percentage of hypersegmented neutrophils, lope counts and lope averages. (35) Bone marrow

smears prepared by squash technic were stained for hemosiderin and stainable iron with the Prussian Blue stain (36) then scored according to the criteria of Rath and Finch (37) Agar gel electrophoresis of hemoglobins was done by the method of Yakulis et al. (38) Heinz body preparations were made utilizing methyl violet in saline. (39) Glucose-6-phosphate dehydrogenase levels were also estimated. (40) Blood volume, red cell mass and 51 Cr. red cell survival were measured at interval. (41) Serum folates, (42) vitamin B₁₂, (43) vitamin E, (44) serum iron and total iron binding capacity (45) were measured at intervals.

±	0	2.5	0	4.0	-	10.7	22.0	48	10.7	M	11
+++	+	2.5	2	2.0	0.22	12.0	13.6	48	7.2	MK	12
+	++	2.5	0	0.10	0.27	2.0	1.0	44	10.0	M	13
++	+	2.2	1	0.10	0.10	4.7	5.5	66	9.2	K	14
±	+	2.6	2	0.10	0.10	2.2	1.8	66	9.8	K	15
±	++	2.6	2	0.10	0.10	1.8	2.1	62	8.0	MK	16
±	0	2.2	0	0.27	-	8.0	4.2	38	9.0	MK	17
0	-	2.7	2	0.15	0.15	2.2	2.1	66	9.8	K	18
-	++	2.8	1	0.20	0.20	2.0	2.0	62	9.8	MK	19
±	+	2.0	2	0.10	0.10	2.2	2.2	62	10.0	M	20
±	+	2.3	4	0.15	0.15	2.0	1.0	170	9.6	K	21

NOTE
 - Serum Fe, TIBC and vitamin E levels are reported in mg/100 ml.
 - Serum folate levels are reported in ug/ml.
 - Serum vitamin B₁₂ levels are reported in pg/ml.

TABLE I: LABORATORY FINDINGS ON ADMISSION

No.	Diagnosis	Hb. gm/100 ml	Serum Fe	TIBC	Folate	B ₁₂	Vit. E	Hyper seg. %	Lope average	B.M. giant myeloid	B.M. Stainable Iron
1	MK	9.9	40	208	--	720	0.40	8	3.3	+	+
2	K	7.4	28	70	3.8	1860	0.10	2	2.3	+	0
3	K	7.9	46	63	3.4	-	0.10	1	2.4	+	±
4	K	5.7	46	51	2.7	658	0.10	1	2.9	+	+
5	M	9.7	62	305	5.6	-	0.10	0	2.6	0	0
6	MK	5.9	30	165	8.1	--	0.24	2	2.9	+	+++
7	M	9.8	38	232	7.8	825	0.30	0	2.3	+	+
8	M	9.6	26	135	2.0	2620	0.35	0	2.1	++	+++
9	K	8.6	100	102	5.5	346	0.10	0	2.6	0	+
10	MK	8.0	52	268	12.5	3430	0.10	4	2.9	++	0
11	M	9.7	74	125	14.0	1030	0.10	6	2.8	+	++
12	M	10.1	46	380	16.7	-	0.43	0	2.8	0	±
13	MK	7.5	46	136	3.4	1290	0.22	2	2.9	++	+++
14	M	10.0	44	196	5.0	570	0.10	0	2.3	++	+
15	K	9.2	66	72	4.7	1121	0.10	3	3.2	+	++
16	K	9.8	112	186	5.5	1582	0.10	5	2.8	+	±
17	MK	8.9	95	213	1.8	238	0.10	5	2.6	++	±
18	MK	9.0	58	98	3.0	-	0.27	0	2.5	0	±
19	K	9.8	96	115	3.5	331	0.15	2	2.7	+	0
20	MK	9.6	34	187	2.0	2075	0.30	1	2.5	++	+
21	M	10.0	52	227	5.5	743	0.20	8	3.0	+	±
22	K	9.6	100	176	3.0	480	0.15	6	3.3	+	+

NOTE

- Serum Fe, TIBC and vitamin E levels are reported in mg/100 ml.
- Serum folate levels are reported in ng/ml.
- Serum vitamin B₁₂ levels are reported in pg/ml.

TABLE II: LABORATORY FINDINGS AFTER RECOVERY FROM PCM

No:	Hb.	Serum Fe	TIBC	Folate	Vit. B ₁₂	Vit. E	Hyperseg %	Lobe average	B.M. giant myeloid	B.M. Stainable iron
1	11.0	58	484	27.5	537	0.40	6	2.9	0	0
2	11.3	94	419	15.6	733	0.70	2	3.1	0	0
3	8.9	24	420	32.0	762	0.50	5	2.9	0	0
4	10.7	54	238	42.0	447	0.40	5	3.3	+	0
5	7.9	37	450	24.0	-	0.37	7	3.2	0	0
6	10.1	56	420	28.0	-	0.52	2	2.8	+	0
7	11.8	100	410	12.0	492	1.40	1	2.4	0	0
8	10.8	94	342	14.1	630	1.94	2	2.9	0	0
9	10.6	100	320	28.0	483	1.48	3	3.2	0	0
10	10.6	70	404	17.5	695	1.15	4	3.1	0	0
11	11.0	74	338	24.5	-	1.90	2	3.1	0	0
12	12.0	100	353	16.4	-	1.67	0	2.8	0	0
13	10.7	144	328	33.5	426	1.20	17	3.7	0	++
14	11.2	94	384	52.0	85	1.67	6	3.3	0	0
15	12.0	120	400	32.0	480	1.50	4	3.0	0	0
16	10.8	54	315	26.0	265	1.37	0	3.0	0	±
17	11.6	66	398	19.0	-	1.30	2	3.0	0	+
18	12.3	84	331	25.5	-	1.48	3	3.3	0	0
19	10.5	68	420	12.0	50	1.12	3	2.9	0	0
20	12.4	80	365	31.0	1030	1.53	1	3.4	0	±
21	12.4	90	375	36.8	820	1.40	6	3.1	0	0
22	11.7	58	350	32.0	-	0.90	15	3.7	0	±

TABLE III: CORRELATION BETWEEN "LOW" SERUM FOLATE AND INCIDENCE OF HYPERSEGMENTED NEUTROPHILS (5% OR MORE)

SERUM FOLATE LEVEL	INCIDENCE OF HYPERSEGMENTED NEUTROPHILS	
	ON ADMISSION	AFTER RECOVERY
LESS THAN 3 ng/ml.	2/5	0
MORE THAN 3 ng/ml.	4/16	8/22

Note: There is no correlation between the presence of hypersegmented neutrophils (5% or more) and the "low" serum folate level.

TABLE IV: CORRELATION BETWEEN SERUM IRON SATURATION AND INCIDENCE OF HYPERSEGMENTED NEUTROPHILS (5% OR MORE) DURING RECOVER FROM PCM

PATIENTS	SERUM IRON SATURATION		
	LESS THAN 15%	15-20%	MORE THAN 20%
WITH HYPERSEGMENTED NEUTROPHILS (8)	3	1	4
WITHOUT HYPERSEGMENTED NEUTROPHILS (14)	1	4	9

RESULTS

From the Tables I to IV as shows above it is evident that:

1. The presence of giant myeloid cells in the bone marrow and hypersegmented neutrophils (5% or more) is the common finding in children with severe protein calorie malnutrition especially before treatment.

2. There is no definite correlation between these findings and the blood levels

of vitamin B₁₂, folates, vitamin E and iron. Thus, the interpretation of the presence of hypersegmented neutrophils and giant myeloid cells as the indication of megaloblastic dysplasia and or deficiency of above-mention hematinics in children with severe PCM may be misleading.

3. The patients who exhibit hypersegmented neutrophil more than 5% seem to have lower serum iron saturation than the others.

COMMENTS

The most constant leukocytic abnormality in pernicious anemia and other megaloblastic anemias is the presence of hypersegmented neutrophilic granulocyte (46) or Cooke's macropolycyte. (47) They may have 8, 10 or more nuclear lobes. (47,48) Their abnormal dimensions have been explained on the basis of pleurinuclearity. (49) Such cells are rarely seen in health but are found in the blood in the folic acid deficiency or pernicious anemia.

The changes in the neutrophilic polymorphonuclear leukocytes may be assessed by either noting the variation in average lobe index or lobe value. (50-53) (ie the total number of nuclear lobes in 100 neutrophils divided by 100) and by the "rule of fives" ie. noting the proportion of neutrophilic leukocytes having 5 or more nuclear lobes. Three percent being suggested as the upper limit for such cells in normal subject. (53) Herbert has used 3.17 ± 0.25 as the normal value but has suggested that the normal lobe average must be separately determined by each lab. (52) It is noted that the earliest hematological evidence of folate deficiency is an increase in "lobe average" (54,55) This increase in the lobe average is apparent 7 weeks after the onset of folate deprivation. Such hypersegmentation may be noted 2 weeks earlier in the bone

marrow aspirates. (56) Herbert (55) stated that the lobe average is of special value as a diagnostic feature since it is not masked by concomitant iron deficiency but the other workers who studied pregnant women with folic acid and iron deficiencies found that it may not be always true. (57) Tasker (58) had demonstrated that when iron depletion is the limiting factor in hemopoiesis the morphologic change in marrow and peripheral blood will be those of iron deficiency. When adequate amount of iron are supplied the morphological change may be then reflect the presence of other coexisting deficiencies such as that of folic acid (53, 57, 59)

Recently, the occurrence of giant metamyelocytes and increased segmentation of polymorphonuclear leukocytes have been noted patients with iron deficiency anemia. (46, 53, 60-64) An experiment in the rats has demonstrated that iron deficiency led to a reduced formiminotransferase activity and an increase in FIGLU excretion (65) similar to those observed in the iron deficient patients. (62) Arakawa et al (60) also described the patient with congenital formiminotransferase deficiency associated with neutrophilic hypersegmentation. Other studies also suggested the interrelation between the metabolism of iron and vitamin B₁₂ (59), and iron and folates (65,67) It is postulated, therefore, that the iron

deficiency impaired the activity of the formiminotransferase enzyme and that this produce both the changes seen in neutrophils and the increased FIGLU excretion.

The other striking qualitative changes in leukocytes of the patients with megaloblastic anemias is the presence of the extraordinarily large leukocyte in the bone marrow and peripheral blood. This abnormal cellular development may occur at any state in the myeloid series but it is particularly common among the metamyelocytes. It was thought that the macropolyocytes are probably derived from these cells. (47) The frequent appearance of giant neutrophilic band form and metamyelocytes with loose chromatin which is not typical of the Ehrlich megaloblast in children with PCM is also noted by many investigators. (7, 14, 19, 68-73, 76) Our patients as well as the other had their admission folate levels in the lower normal range or very low. (21,23-26,74,75) but the bone marrow picture were normal with occasional giant metamyelocytes which did not seem to have any correlation with serum folates, vitamin B₁₂ or E. (23,76) As a matter of fact, we as well as the others found the elevated serum vitamin-B₁₂ levels in PCM (19, 21, 23, 24, 26, 68,72,74,75,77) These high value have been blamed on (1) failure of tissue generally to take up vitamin B₁₂ properly (2) failure of the liver specifically, because of injury, to retain vitamin B₁₂ (78) Low serum vitamin E levels in severe PCM were noted by us and many others. (5,19,

23, 73, 74, 79-81) but its role in the pathogenesis of megaloblastic dysplasia in these children is still unsettled. (82)

The question whether the hypersegmented neutrophils noted in our patients are actually the polycytes of Ponder but not the classic macropolyocyte was raised. The former have been observe in cases of infections but not related to megaloblastic anemias as do the latter. The hypersegmented neutrophil observed in our children were larger with less compact nuclear chromatin and more acidophilic cytoplasm similar to the classic macropolyocytes. They were also found even when there is no evidence of infection or vitamin deficiency.

On admission, most of our children had serum iron levels below the normal range comparable to the previous experiences (23,76) and supported the conclusion made earlier that iron deficiency is a conspicuous problem in PCM in Northern Thailand. (84) Serum iron levels are almost always low but not as low as, transferrin levels. This alteration produces high transferrin saturation in inspite of low serum iron. (23,76,84-89) Whether the transferrin level is the most sensitive plasma marker for PCM remains to be seen. (85,90) Over the 12 weeks course there was a gradual drop in the stainable iron in the bone marrow even with adequate iron supplement. It is probably due to the impaired absorption from GI tract and markedly increased iron utilization during the hemoglobin regeneration.

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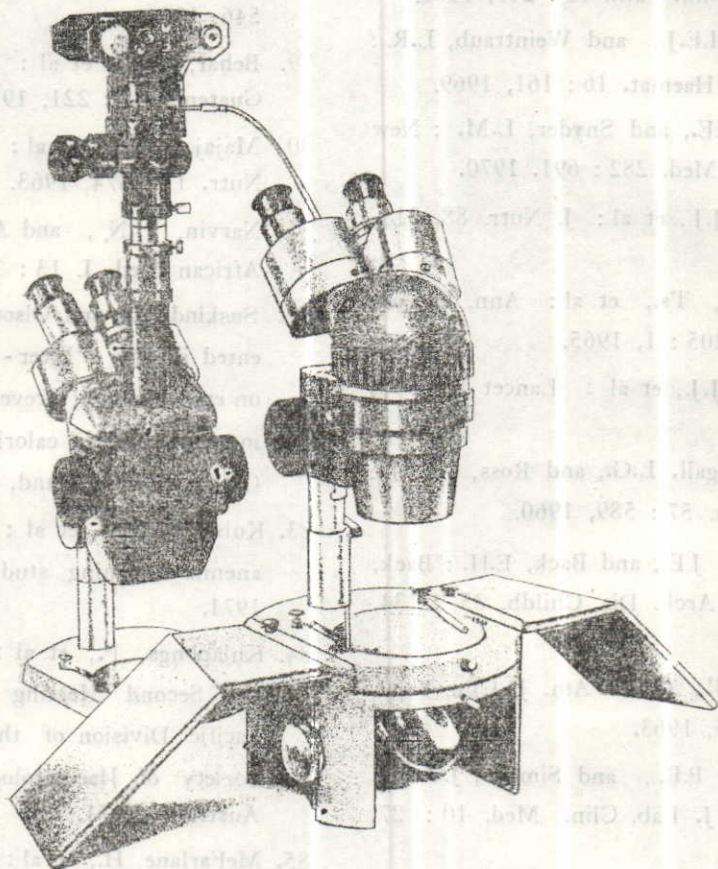
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A SURVEY OF FLUORIDE CONTENT IN DRINKING WATER IN CHIANG MAI.

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Abstract

The fluoride content in the drinking water (wells) in Chiang Mai was studied during the period from March to December, 1969. 252 water samples were collected from shallow wells from different areas of the 4 Amphurs (Saraphi, Hod, Prao and Muang) in Chiang Mai. All tests were performed the same day as collection. The results ranged from 0.05 to 1.0 p.p.m. with an average of 0.48 p.p.m., which is still in the acceptable range. Only one sample, collected from a well near a flouride mining area, showed a flouride content as high as 1.66 p.p.m.

Clinical manifestations of fluorosis have been suspected in Nakorn Chiang Mai Hospital. (1) The origin of the fluoride has been unknown. Geographically the Northern part of Thailand, especially Chiang Mai has fluoride bearing minerals widely distributed in this area. Most of the population in rural areas in Chiang Mai had drunk water from wells. The sources of fluoride might be contamination from foods and drinking water.

It has been suggested that 1.0-1.5 p.p.m. of fluoride ingestion does not cause any cosmetic defect other than slight flecking of the enamel. (2) A fluorine content in drinking water of more than 1.5 p.p.m might be a cause of Crippling fluorosis, Asymptomatic Osteosclerosis, and Enamel mottling.

The purpose It was the Purpose of this investigation to survey the fluoride content in drinking water (wells) in Chiang

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Mai from March to December, 1969.

Materials and Method

Water samples were collected from Ban Saraphi, Amphur Saraphi, Ban Gongloy, Amphur Hod, Ban Sansai, Amphur Prao and Amphur Muang in Chiang Mai. Samples were fetched in 1 liter stoppered bottles of neutral glass or clean plastic bags and fluoride estimations were made within 24 hours after collection.

Measure 50 ml of water into a 100 ml volumetric flask and add 2.5 ml of fluoride reagent. Mix and keep at room temperature for one hour. Pour into Nessler tube; measure density by Aqua tester; compare with standard color. Read within 5 minutes.

Results

Two hundred and fifty two samples were collected; 120 samples at Amphur Saraphi; 122 samples at Amphur Prao; 5 samples at Amphur Hod; and 5 samples at Amphur Muang. It was observed that fluorides were present in all samples. The fluorine content averaged, 0.16 p.p.m. (Saraphi), 0.46 p.p.m. (Prao), 0.66 p.p.m. (Hod) and 0.66 p.p.m. (Muang). for the 252 samples values ranged from 0.05 to 1.0 p.p.m. (Presented in table). of those 252 samples pH ranged between 5-7. The depth of the wells ranged from 2 to 8 meters, and averaged 5 meters.

Discussion

A survey was made of fluoride content

in drinking water in Chiang Mai, from 252 samples collected from 4 Amphurs. The fluoride content in drinking water in Chiang Mai is lower than the world Health Standard (1.0-1.5 p.p.m).

In India, Ramamohana Rao N.V. et al examined 302 samples and found That 77.2 percentage ranged from 0.-1.5 p.p.m. and 22.8 percentage were over 1.5 p.p.m. The highest was 6.0 p.p.m. Most of the water came from rocky strata which was rich in fluoride. In Chiang Mai water came from the water table; The wells were shallow wells.

Comparison of dental health of children in Amphur Ban Honge, Lamphoon and children in Amphur Muang, Chiang mai showed 34% decayed and 70% decayed respectively. The examination of drinking water from Amphur Ban Honge showed 1.6 p.p.m of fluoride content.

Comparison of fluoride content in drinking water from 4 Amphurs did not differ and was rather low. The drinking water does not cause fluorosis, it may be contamination from foods. in India, fluorosis was first reported by Shortt et al., later, the evidence of endemic fluorosis was recorded in various parts of the country. Anand D. et al had also observed that fluorosis exists in endemic form in different parts of the country and found that the cases increased when fluoride content in increased (8 p.p.m.), The cases

decreased when fluoride content decreased, teeth on exposure to fluorinated water (1.5 p.p.m.). The Fluorine content varies with the seasons. Boiling and filtering can remove some fluoride.

It has been suggested that developing

become resistant to dental decay. In Chiang Mai fluorine content averaged 0.48 p.p.m. rather low, and the incidences of dental decay were high.

Incidence of fluoride in drinking water in Chiang Mai during March December 1969.

Item	Amphur	Samples	Average of fluoride content (p.p.m.)	Range of Fluoride content (p.p.m.)
1	Saraphi	120	0.16	0.05 - 0.40
2	Prao	122	0.46	0.10 - 1.00
3	Hod	5	0.66	0.60 - 0.80
4	Muang	5	0.66	0.60 - 0.70

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"SERUM CAROTENE AND VITAMIN A LEVELS IN THAIS"

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Abstract

One hundred and twenty samples, supplied by the blood bank unit and medical students in Nakorn Chiang Mai Hospital, were studied for serum carotene and vitamin A levels in Thais. The frozen serum was analyzed, in duplicate, by macromethod using TFA. The average serum vitamin A in 109 men was 63 mcg/100 ml serum (S.D. ± 21) and in 11 woman was 55 mcg/100 ml serum (S.D. ± 16). The average serum carotene was 85 mcg/100 ml serum (S.D. ± 44) in man and 147 mcg/100 ml serum (S.D. ± 30) in woman. The average serum vitamin A level in man was 13% higher than in woman. The average serum carotene level in woman was 42% higher than in man. None had serum vitamin A level less than 20 mcg/100 ml serum. The relationship between serum carotenoids and vitamin A levels was not good. The correlation coefficient value was +0.493.

INTRODUCTION

Vitamin A has long been recognized as an important factor in maintenance of the integrity of epithelial tissue, as well as having a role in the physiologic mechanisms of vision (1). Vitamin A is also essential for body growth (2, 3), may play a role in protein synthesis (4), and may also participate in reactions which affect

the stability of cell membranes and of the membranes of subcellular particles (5).

Deficiency of vitamin A is a health problem of children living in remote areas. Keratinization of secretary epitheliums due to vitamin A deficiency make them more susceptible to invasion of infection organisms. Keratinization of the vascular tis-

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sue results in xerophthalmia which may lead to blindness. Xerophthalmia is the major cause of blindness in childhood.

In adult population, manifestations of vitamin A deficiency are not as obvious. Thus less attention was paid to vitamin A in adults. So for the data available for Thailand is one of the ICNND Surveys. (6) It is our interest to find the level of vitamin A and Beta-carotene, one of its precursors, in the serum of normal Thais living in the northern area; and to see the correlation between these substances. This finding will serve as a base line for further study in deficiency patients, in those with malabsorption, and with liver diseases.

MATERIALS AND METHODS (7, 8)

The materials analyzed were gotten from the blood bank unit of Nakorn Chiang Mai Hospital and the medical students, Chiang Mai University. The separated sera were kept frozen until analysis.

PROCEDURE: Precipitate 1 ml. of serum with 2 ml of 95 % ethanol. Then extract the carotenoids and vitamin A by shaking vigorously 10 minutes with 2 ml of petroleum ether (B.P. 40 - 60 °C). Centrifuge at low speed and pipette 1 ml of supernatant (petroleum ether layer) into a 10x75 mm cuvette: Read the optical density quickly against fresh petroleum ether at 440 mu in a Coleman Jr. spectrophotometer. The supernatant is then evaporated in a 55-60

°C water bath. Set the spectrophotometer, at 620 mu, to zero optical density with 1 ml TFA reagent (a mixture of one volume trifluoroacetic acid and two volumes reagent grade chloroform; must be prepared prior to use). Add 1 ml of TFA reagent to the residue in cuvette, Mix quickly, place it in the spectrophotometer and record the optical density exactly 30 seconds after addition of reagent.

STANDARD CURVES AND CALCULATIONS:

Make a stock standard solution of Beta-carotene by dissolving 20 mg Beta-carotene with a few ml of chloroform and dilute to a final volume of 100ml with petroleum ether. Dilute the stock standard 1:100 with petroleum ether and again dilute this working standard with petroleum ether to give solutions contain 0.5, 1.0, 1.5 and 2.0 mcg of Beta-carotene/ml respectively. Read the optical densities of these solutions against petroleum ether at 440 mu. The standard Beta-carotene curve is plotted. (mcg of carotene/ml V.S OD)

Make a stock standard solution of vitamin A by dissolving 3.0 mg of retinol or 3.44 mg of retinol acetate in a few ml chloroform and diluting to a final volume of 50 ml with petroleum ether. Dilute the stock solution 1:100 with petroleum ether and pipette this solution into cuvettes in different volumes to give the amounts of 0.15, 0.30, 0.60 and 0.90 mcg vitamin A/tube respectively. When solutions are evaporated to dryness. Continue

the reaction with TFA reagent. The optical densities are read at 660 mu and the standard curve is plotted. (mcg of vitamin A / tube V.S OD).

Because Beta-carotene can give a reaction with TFA reagent, a correction factor must be made. A new suitable working carotene solution is made and pipetted into a cuvette in different volumes to give the amount of 4.8 and 10 mcg of Beta-carotene per tube respectively. Evaporate these solutions and follow the TFA reaction, Read the optical densities at 620 mu and the amount of vitamin A equal to carotene in the cuvettes is read from the standard curve of vitamin A. The factors are calculated by deviding the mcg of vitamin A / tube by mcg of carotene/tube. The average value of these three factors is used for the correction factor (F).

Beta-carotenoids and vitamin A in the serum are calculated as :

1. mcg carotene/100 ml serum
= mcg/ml of carotene read from curve $\times 200$
2. mcg vitamin A/100 ml serum
= (mcg/tube of vitamin A read from curve - (mcg/ml of carotene in the same sample $\times F$)) $\times 200$

RESULTS

The samples were analyzed in duplicate. The average serum carotene and vitamin A levels in 109 healthy Thai males were 85 ± 44 mcg % and 63 ± 21

mcg % respectively. The average serum carotene and vitamin A levels in 11 healthy Thai females were 147 ± 30 mcg % and 55 ± 16 mcg % respectively. From these results, Thai males have a normal serum vitamin A levels higher than Thai females by about 13 % and Thai females have a normal serum carotene levels higher than Thai males by about 42 %. The normal serum levels of vitamin A and carotene in Thais were not high compared with same other countries, Maybe the reason is that Thai daily food does not contain much vitamin A and carotenoids. The relationship between normal serum carotenoids and vitamin A levels is determined from 15 random sample from the data. The results did not show good correlation coefficient calculated was + 0.493. (Fig. I).

DISCUSSION

There are vary wide variations in normal serum carotenoids and vitamin A levels. The values depend on race, sex and age. They have both a diurnal and daily variation. The carotenoids level also varies with seasons (6). The average serum vitamin A levels in different countries varies a great deal and is usually higher in men than in women (9) On the contrary, woman usually have a serum vitamin A and carotenoids level higher than boys (11). In The undeveloped countries, normal serum vitamin A levels'

are lower than the others, and have a high percentages of people who have levels below 20 mcg% i.e. in the low and deficient range. From the INND surveys, 18% of Thai men and 25% of Thai women had vitamin A levels below 20 mcg%. May be the difference between these mainly depends on the nutritional conditions of the subjects selected.

There are many reports showing the relationship between serum carotenoids and vitamin A levels. Some failed to find a relationship and some found a good relationship. Dr. Moodman (12) gave his advice that the relationship should depend

on nutrition. In a population that has carotenoids as the, main source of vitamin A, ; the relationship should be good, According to this, there must be a good relationship between serum carotenoids and vitamin A levels in Thais, because the main source of vitamin A in Thai food is vegetables that have plenty of carotenoids: But, from our results, we failed to find a good relationships. We agree with the reason professor Edward. G. High (13) gave before that a bad relationship was due to a great interference of non-pro-vitamin A carotenoids in the serum.

DISCUSSION

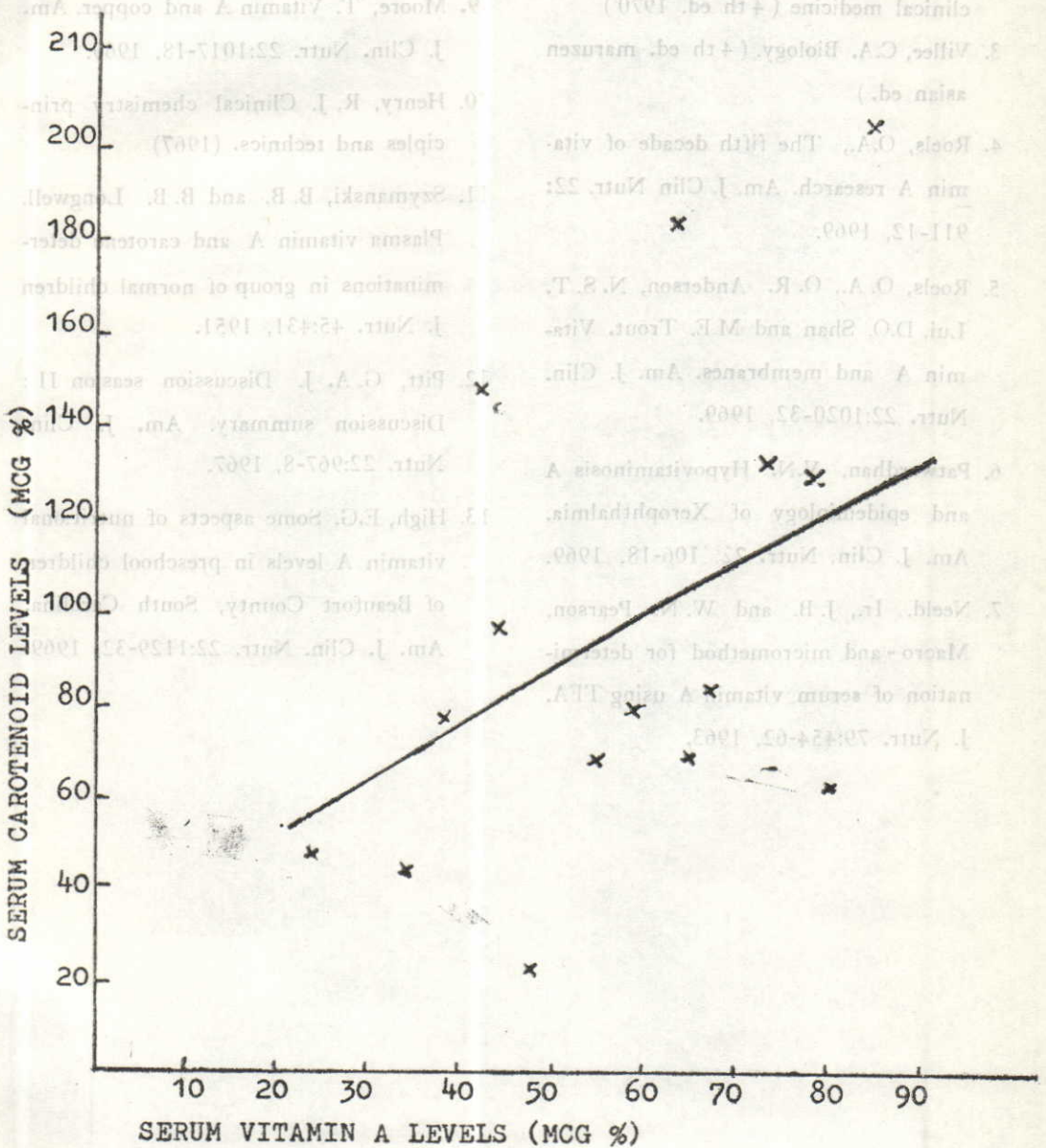
There are very wide variations in normal serum carotenoids and vitamin A levels. The values depend on race, sex and age. They have been a number and daily variation. The carotenoids level also varies with seasons (6). The average serum vitamin A levels in different countries varies a great deal and is usually higher in men than in women (7). On the contrary, women usually have a serum vitamin A and carotenoids level higher than men (13). In the underdeveloped countries, normal serum vitamin A levels

RESULTS

The samples were analyzed in a... This average serum carotenoid and vitamin A levels in 10 healthy Thai... serum...

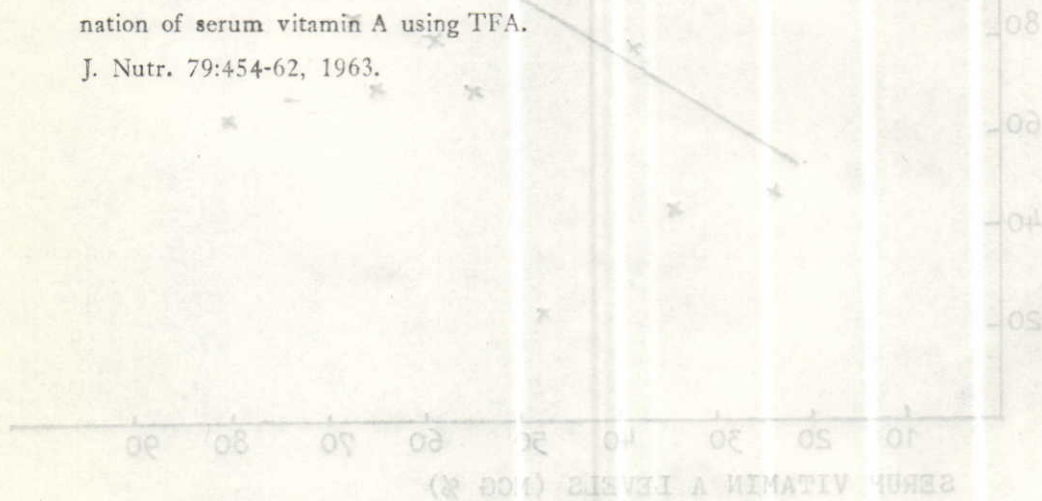
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Fig. 1 Relationship between vitamin A and carotenoid levels in serum of Thai people correlation coefficient = + 0.493.



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Leptospirosis as a cause of Pyrexia of Unknown Origin in Chiang Mai Hospital

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Abstract

Agglutination-lysis test was employed in detecting leptospiral antibodies in 262 patients which had mostly been diagnosed as "pyrexia of unknown origin". Seventy cases or 26.7% were positive and the predominant serotype was *Leptospira wolffii*, 30%, secondary was *Leptospira icterohaemorrhagiae*, 27.1%. Most of the seropositive patients were in the 16 - 45 age group.

INTRODUCTION

Leptospirosis is one of the most important and cosmopolitan of the zoonoses, diseases transmitted among animals and from animal to man (1,2,3,4,5). It is a major economic and public health problem. For example, abortion in animals due to leptospiral infections is a serious economic problem. The etiologic agent is the organisms in the genus *Leptospira*. These organisms comprise two major groups, the so-called "saprophytic" and the "pathogenic" leptospires. The "saprophytic" or "water" leptospires are omnipresent in fresh surface waters, and are rarely associated with

mammalian infection. Pathogenic leptospires are usually found in a wide variety of wild and domesticated mammals, as carrier hosts, and cause acute, febrile, systemic disease of man and other animals (6,7,8)

Humans or animals may be infected by direct contact with urine or infected tissue of carriers, or by indirect contact. Water is important in the transmission of leptospires. Contact with water contaminated by carrier's urine is thought to be usual mode of transmission of the disease, the leptospires gaining entrance to the body

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through the alimentary or respiratory tracts or perhaps through abraded skin.

General transmission from man to man is very rare, usually from animal to animal and from animal to man (5,9).

The disease in man is found most commonly among farmers, cane cutters, veterinarians and other people particularly exposed because of their occupation (10, 11). The disease exhibits many degrees of severity, varying from symptoms so mild as to be ignored by the patient to serious illness (7, 12, 13, 14, 15, 16). The clinical symptoms alone are not only variable but are non-specific for leptospirosis and definitive diagnosis must be based on demonstrating or isolating *Leptospira* and upon serological findings. Most patients who came to the hospital with fever are usually diagnosed as "pyrexia of unknown origin" (PUO) when a definite diagnosis is not obtained. PUO may be caused by many diseases and leptospirosis is one. So this paper tried to study the incidence of leptospirosis in the patients which had been diagnosed as pyrexia of unknown origin.

MATERIALS AND METHODS

I. Antigens

Twelve *Leptospira* serotypes originally isolated from human beings and animals in Thailand were used for microscopic agglutination-lysis tests. (Table I.) Stock cultures of the *Leptospira* were obtained from The Bangkok Leptospirosis Reference

Laboratory, Faculty of Tropical Medicine, Mahidol University.

Stock cultures were maintained in Fletcher's semisolid medium (Difco*) containing 10% rabbit serum, and were incubated at 28-30°C aerobically. Subcultures were performed at three weeks intervals.

Living leptospiral antigens were used in microscopic agglutination-lysis tests. They were grown in liquid Stuart's medium, (Difco*) containing 10% rabbit serum and incubated at 28-30°C for 4-6 days. After incubation, the cultures were examined by dark-field microscopy for density, autoagglutination, and contamination. Only active, smooth, non-clumping cultures were used. Optimal density was 100-200 organisms per high power field, and if they were more concentrated they were diluted with Stuart's liquid medium.

To obtain optimal growth it was necessary to seed with large amounts of materials. For subculturing, nearly 0.5 ml. of the old culture was inoculated into the fresh medium. Rabbit sera were checked for the presence of leptospiral antibodies by the microscopic agglutination-lysis tests. Only seronegative sera were used, because leptospiral antibody may be the cause of poor growth or autoagglutination.

II. Collection of Blood specimens

Blood specimens from the patients were collected and serum separated from

the clot. All sera were stored at -10°C until used.

III. Serological Method

Sera were examined for the presence of leptospiral agglutinins by the microscopic agglutination-lysis tests of Schuffner Mochtar (17), in which living 5 days old cultures were used as antigen. Twelve serotypes were employed.

By this method the sera were diluted 1:50 and then three drops of antigens were added to three drops of diluted serum. The final dilution was thus 1:100. Negative controls consisted of three drops of normal saline and three drops of antigen. Serum-antigen mixtures were mixed by rotation and incubated at room temperature for three hours. A loopful of each mixture was examined by low dry dark-field. Illumination without the use of a cover glass. Per cent of agglutination or lysis or both was read by comparing with the negative control. Less than 50% agglutination or lysis was recorded negative; greater than 50% positive.

Reaction at 1:100 dilution or above were considered significant. Sera positive at 1:100 dilution were retested at higher

dilutions and the extent of antibody titer determined. The titers were expressed as the reciprocal of the highest serum dilution showing at least 50% agglutination or lysis or both of leptospire.

When the titers were the same with two or more serotypes, all were reported. But if the titers were not the same, lower titers were considered as cross reactions.

Results

Total 262 patients' sera were tested for leptospiral antibody and 70 or 26.7% were positive. In these patients 196 cases were diagnosed as "pyrexia of unknown origin" and 47 cases or 23.9% were positive (Table II). Most of the specimens were single collection; only in 10 cases was serum taken more than one time; and agglutination-lysis titers are shown in Table III.

Age distribution of 70 seropositive patients are shown in Table IV and most of them were in the 16-45 age group. Incidence of leptospiral serotypes among 70 seropositive patients are shown in Table V. The predominant serotype was *Leptospira wolffii*, 30% or 21 of 70, and secondarily was *Leptospira icterohaemorrhagiae*, 27.1% or 19 of 70.

Table I. Leptospiral Serotypes used for Agglutination-lysis Tests

GROUP	DEROTYPE	STRAIN
Icterohemorrhagiae	<i>L. icterohemorrhagiae</i>	M 20
Javanica	<i>L. javanica</i>	Veldrat Bataviae 46
Canicola	<i>L. canicola</i>	Hond Utrecht IV
Pyrogenes	<i>L. pyrogenes</i>	Salinem
Autumnalis	<i>L. autumnalis</i>	Akiyami A
Australis	<i>L. australis</i>	Ballico
Pomona	<i>L. pomona</i>	Pomona
Grippotyphosa	<i>L. grippotyphosa</i>	Moskva V
Hebdomadis	<i>L. hebdomadis</i>	Hebdomadis
	<i>L. wolffii</i>	3705
Hyos	<i>L. hyos</i>	Mitis Johnson
Bataviae	<i>L. bataviae</i>	Swart

TABLE II

Provisional clinical diagnosis : Hospital patients

Provisional diagnosis	No. of patients	No. of seropositives **
Pyrexia of unknown origin	196	47 (23.9%)
Leptospirosis	12	7
Jaundice	10	2
Hepatomegaly	2	1
Septicemia	4	2
Enteric fever	3	2
Pneumonia	7	2
Anemia	6	1
Weakness	1	—
Other	21	6
Total	262	70 (26.7%)

* From serological request form.

** Minimal titer 1 : 100

TABLE III

Result of agglutination-lysis titers for the ten cases
on which a paired sera were submitted.

Patients	Agglutination-lysis titer at		
	1 st	2 nd	3 rd specimen
1	1000 H	1000 H	-
2	300 I	1000 I	-
3	1000 I	1000 I	-
4	Neg	Neg	300 I
5	1000 B	1000 B	-
6	100 I	100 I	-
7	100 G	30,000 G	-
8	3000 H	10,000 H	30,000 H
9	300 H	300 H	-
10	1000 A	3000 A	1000 A

H = *Leptospira hebdomadis*

I = *Leptospira icterohemorrhagiae*

B = *Leptospira bataviae*

G = *Leptospira grippotyphosa*

A = *Leptospira akiyami* A

TABLE IV
Age distribution in 70 seropositive* for leptospirosis
from 262 hospital patients.

Age (year)	No.
under 15	1
16 - 20	13
21 - 25	7
26 - 30	11
31 - 35	10
36 - 40	11
41 - 45	7
46 - 50	2
51 - 55	2
57 - 60	3
over 60	3
Total	70

* Minimal titer 1 : 100

TABLE V

Serological distribution of *Leptospira* antigens giving the maximum titer in 70 seropositive* patients.

Serotype	No	Per cent
<i>L. wolffii</i>	21	30.0
<i>L. icterohemorrhagiae</i>	19	27.1
<i>L. javanica</i>	8	11.4
<i>L. bataviae</i>	7	10.0
<i>L. grippotyphosa</i>	7	10.0
<i>L. hebdomadis</i>	6	8.6
<i>L. akiyami A</i>	2	2.9
Total	70	100.0

* Minimal titer 1 : 100

DISCUSSION

The serologic procedures for study of leptospirosis have been done using various methods (17,18,19,20,21,22,23,24). They are based on the fact that antibody is regular produced after infection. Leptospire are excellent antigens. It has been previously shown that leptospiral cells contain two major antigenic components, P antigen or peripheral antigen and S antigen or somatic antigen (25). P antigen is type-specific antigen, functioning as an aggluti-

nogen, complement fixing antigen, and precipitinogen. S antigen is genus-specific functioning as complement fixing antigen and precipitinogen.

After infection specific antibodies are developed and may be detectable for a long time depending upon the nature of the antibodies. So detection of leptospiral antibodies depends upon the serological method and relationship to the time of infection.

The microscopic agglutination-lysis test of Schuffner and Mochtar (17) is the generally accepted test in leptospiral serology, and employs living leptospire as antigen. It is type-specific and seem to be the most effective in serological studies of leptospirosis, especially in surveys for past infection. Specific agglutinins can be detected an average of 8-12 days after infection, and reach a high peak in a short time. They are then constant for a period of about five days to two weeks. The persistence of high levels of homologous antibodies differs with the animal species. In general the level of titer gradually decreases, but usually persists as high as 1:100-1:300 for a year, and possibly for life.

The difficulty with using the agglutination-lysis test is that employing multiple antigens is laborious and involves the possibility of infection, as well as the necessity of maintaining a large number of antigenically stable stock cultures to provide antigens. The routine application of this test in a diagnostic laboratory is therefore limited.

The incidence of leptospiral infection in patients was investigated and it was found that 26.7% of patients were sero-

positive. Most of these seropositive cases were in the age range of 16-45 years. Sex distribution of suspect cases serologically positive was not different. The predominant serotype was *Leptospira wolf fii*, similar to the result of Charuchinda (26), but the incidence in our studies was higher than previous study by about 10%. This may be due to the rate of hospitalization of infected patients, collection of specimens and other clinical factors, such as the clinical suspicion of the doctor. Symptoms may be quite varied, so the doctor must suspect the possibility in order to make the diagnosis. We can see from Table II that the provisional diagnosis was varied although the clinical picture was apparently consistent with leptospirosis.

In our studies usually single specimens were obtained and the agglutination-lysis method of Schuffner and Mochtar was employed. Unfortunately the test is often not diagnostic before the eighth to tenth day (16). So agglutination studies have little value during the acute phase of illness and could not differentiate from past infection especially with single specimens.

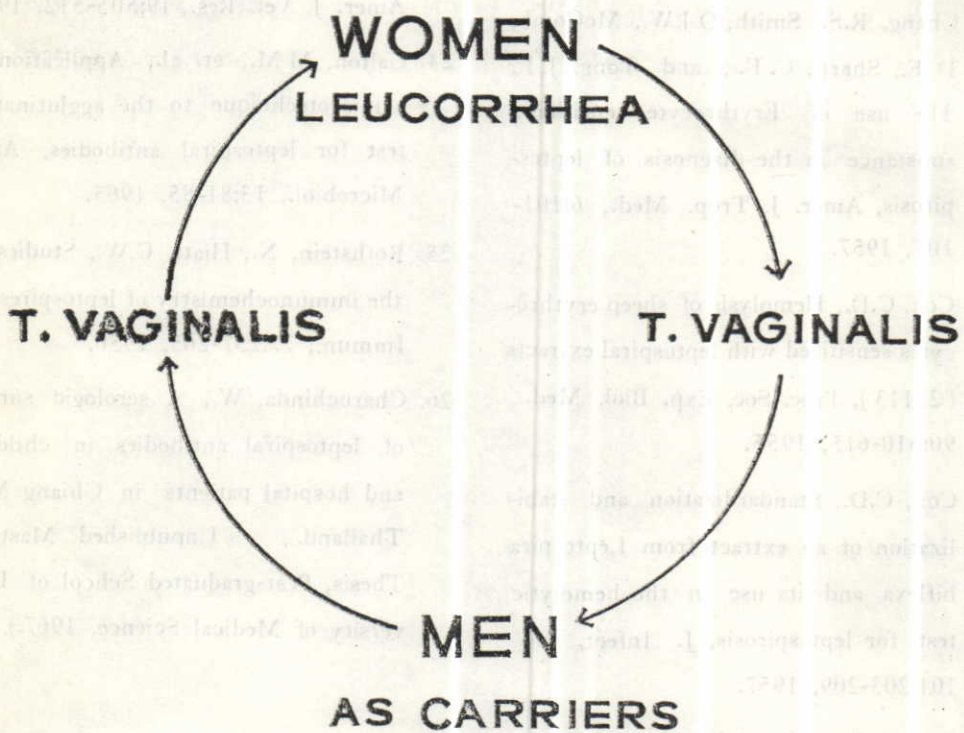
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โรคที่ต้องการบำบัดร่วมทั้งภรรยา แล: สามี

LEUCORRHEA



ตัดวงจรนี้ด้วย

FLAGISEPT ORAL TABLETS
(METRONIDAZOLE)

ในช่องคลอด..

VAGISEPT VAGINAL TABLET
(THIMEROSAL)

ราคาประหยัด เหมาะสำหรับเวชกรรมทั่วไป

บริษัท แอล.พี. แอสเทนการ์ด แลบบอราทอรีส์ จำกัด
218/1 ซอยศาลเจ้าเจ็ด เจริญกรุง . พระนคร โทร 31910



REFRACTOMETRIC DETERMINATION OF TOTAL SERUM PROTEIN:

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Abstract.

A rapid and reliable estimation of total serum protein content can be made from the refractometric measurement using TS meter. Our experience indicated that the calibration standard provided by the manufacturer gives too low results compared to the standard biuret method. The new calibration scale is constructed for use in our lab. For practical purpose in nutritional field survey one can interpret the TS value (in gm./Lit.) as a total serum protein content (in gm./100 ml.)

INTRODUCTION.

The utilization of the physical property of refractive index of a fluid to quantitate its content is common in industry. (1) When applying this theory in human serum one can obtain accurate and rapid estimates of the content of total serum solids (2) and total serum proteins. (1, 3, 4) Rubini and Wolf has demonstrated the accuracy of refractometric determination of total solids in serum with a protein content range of 1.77 to 13.9 gm/

100 ml. and A/G ratio of 0.13 to 14.0.

The estimation of the protein concentration of plasma or serum by refractometry has also been advocated for many year. (3,4,5) Although it is not as reliable as the measurement of total solids and specific gravity the accuracy of this technic in determination of total serum protein is satisfactory for clinical use. Extensive experimentation by many led to the improvement of technic and development of the widely used

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TS meter. The TS meter is a Goldberg refractometer which has been designed specifically for medical use. The instrument is temperature compensated for temperature between 60° F. and 100° F.

From our recent field survey the wide discrepancy between the total serum proteins values obtained from the TS meter readings and those from biuret method. (6) It is the purpose to report our findings with the proposal of the newer TS meter calibration scale for use in our country.

Material and Method

The best group of patients who can provide a wider range of total protein content is children with protein calorie malnutrition were studied. Plasma samples were collected from microhematocrit (hepa-

rinized) tubes and the TSS value were read by the Goldberg TS meter. At the same time the venous blood total serum protein content was measure by the biuret method. (6)

Results

From the results shown in Table I, II and Figures I, II it is evident that there is a good correlation between the TS readings and total serum protein values (biuret method). The TS reading can be directly interpreted as the total protein content. The calibration scale provided by the manufacturer gives too low total protein values.

Hydration state of the pateints exerts only minimal effect, if ever, to those correlation.

TABLE I. CORRELATION BETWEEN THE TSS READINGS AND TSP (Kjeldhal) VALUES IN DIFFERENT FORMS OF MALNUTRITION

MARASMUS			MARASMIC-KWASHIORKOR			KWASHIORKOR		
Case No.	TSS	TSP	Case No.	TSS	TSP	Case No.	TSS	TSP
4	5.2	6.05	1	5.2	3.75	2	4.2	3.50
8	6.4	6.60	5	5.1	5.90	3	3.5	2.69
10	8.0	7.98	7	4.6	4.90	6	3.8	4.20
11	6.8	7.10	9	7.2	7.60	14	4.0	4.30
13	7.0	8.4	12	6.0	6.40	22	3.3	3.66
15	6.1	5.8	17	4.6	5.50	24	3.4	3.80
16	5.7	7.5	18	6.2	6.70	25	3.6	4.00
19	6.6	6.7	20	5.4	5.80	30	3.8	4.30
26	5.8	5.8	21	5.6	5.90	31	4.4	5.00
27	5.1	5.3	23	5.2	4.88	33	4.4	4.40
28	7.5	7.9	29	5.1	5.10	51	3.0	3.66
32	7.8	8.8	35	5.8	5.3	52	3.5	3.56
34	6.5	6.9	36	3.8	4.5	59	4.3	4.38
37	5.6	6.10	40	4.1	4.8	61	3.5	3.46
38	5.6	5.70	41	5.4	5.3	62	3.5	3.54
39	6.8	6.80	42	5.5	4.6	63	3.3	3.75
43	7.6	7.40	45	4.0	4.58	64	3.5	3.80
44	4.6	4.46	46	3.8	3.98	65	3.4	3.40
47	7.1	7.30	53	5.6	6.10	66	4.3	4.48
48	6.4	6.40	55	4.1	3.98	74	3.9	4.17
49	4.1	4.10	56	5.2	4.70			
50	6.5	7.50	57	4.1	4.24			
54	5.8	5.00	60	4.1	4.44			
58	5.5	6.00	67	5.3	5.50			
68	6.0	5.60	70	5.1	4.90			

MARASMUS			MARASMIC-KWASHIORKOR			KWASHIORKOR		
Case No.	TSS	TSP	Case No.	TSS	TSP	Case No.	TSS	TSP
69	5.3	5.20	73	4.5	4.24			
71	6.5	7.14	76	6.1	4.8			
72	6.5	6.90	77	5.7	5.5			
75	7.0	6.46						
78	6.6	6.35						

NOTE: See Figure I.

TABLE II. EFFECT OF HYDRATION ON REFRACTOMETRIC READINGS
(TSS) AND TSP VALUES

Case No.	BEFORE HYDRATION		AFTER HYDRATION	
	TSS	TSP	TSS	TSP
32	7.8	8.8	6.6	7.0
33	4.4	4.4	4.5	4.7
34	6.5	6.9	6.5	6.0
35	5.8	5.3	5.7	6.1
36	3.8	4.5	4.7	5.1
37	5.6	6.1	6.0	6.8
38	5.6	5.7	6.7	7.1
39	6.8	6.8	5.5	6.2
40	4.1	4.8	4.6	5.4
41	5.4	5.3	5.2	5.3
42	5.5	4.6	4.5	4.67
43	7.6	7.4	6.3	6.9
44	4.6	4.46	4.2	4.62
45	4.0	4.58	4.4	4.4
46	3.8	3.98	4.4	3.99

Case No.	BEFORE HYDRATION		AFTER HYDRATION	
	TSS	TSP	TSS	TSP
47	7.1	7.3	7.2	6.8
49	4.1	4.1	4.2	4.5
50	6.5	7.5	6.5	7.1
51	3.0	3.66	3.8	3.93
52	3.5	3.56	4.5	4.0
53	6.7	6.25	5.6	6.1
54	5.8	5.0	6.5	5.68
55	4.1	3.98	3.6	3.48
56	5.2	4.7	4.5	4.92
57	4.1	4.24	4.8	4.54
58	5.5	6.0	5.5	5.65
59	4.3	4.38	5.1	5.15
60	4.1	4.44	4.1	4.16
61	3.5	3.46	5.1	4.9
62	3.5	3.54	3.7	3.54
63	3.3	3.75	4.0	4.0
64	3.5	3.8	3.8	3.8
65	3.4	3.4	3.8	3.43
66	4.3	4.48	4.5	4.38
67	5.3	5.5	5.0	5.2
68	6.0	5.6	5.1	5.4
69	5.3	5.2	5.3	5.1
71	6.5	7.14	6.0	6.05
73	4.5	4.24	3.9	4.48
77	5.7	5.5	6.0	5.75

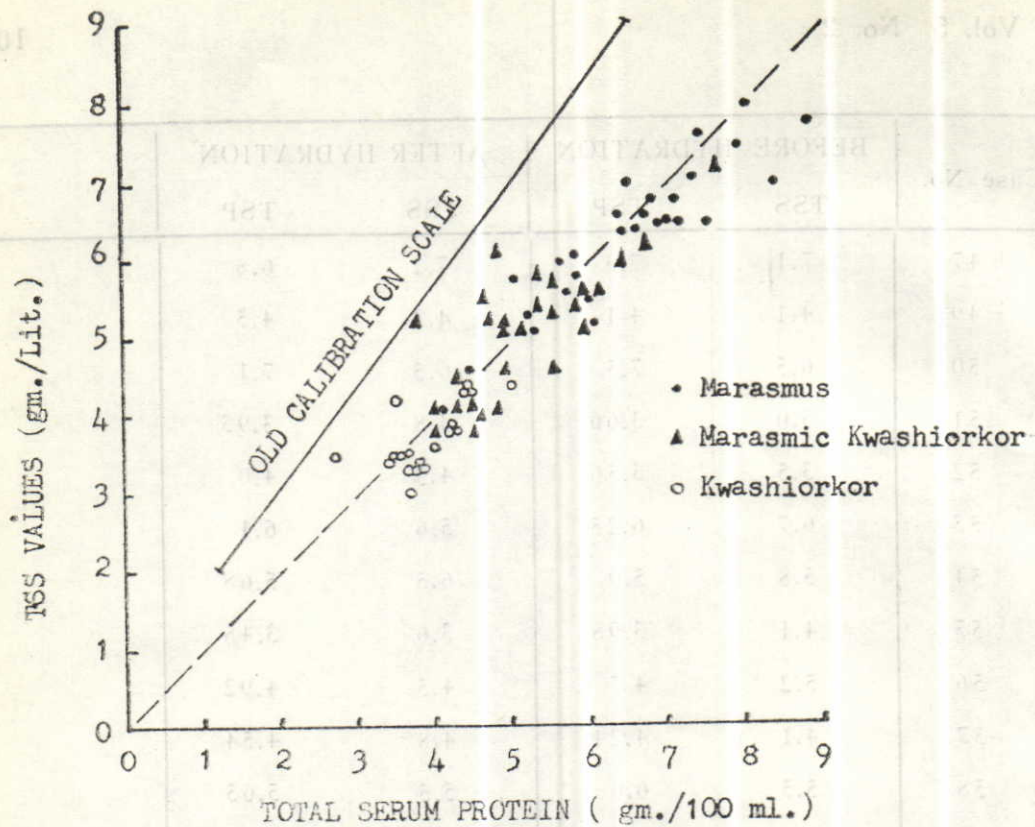


FIGURE I. CORRELATION BETWEEN THE TSS AND TSP VALUE

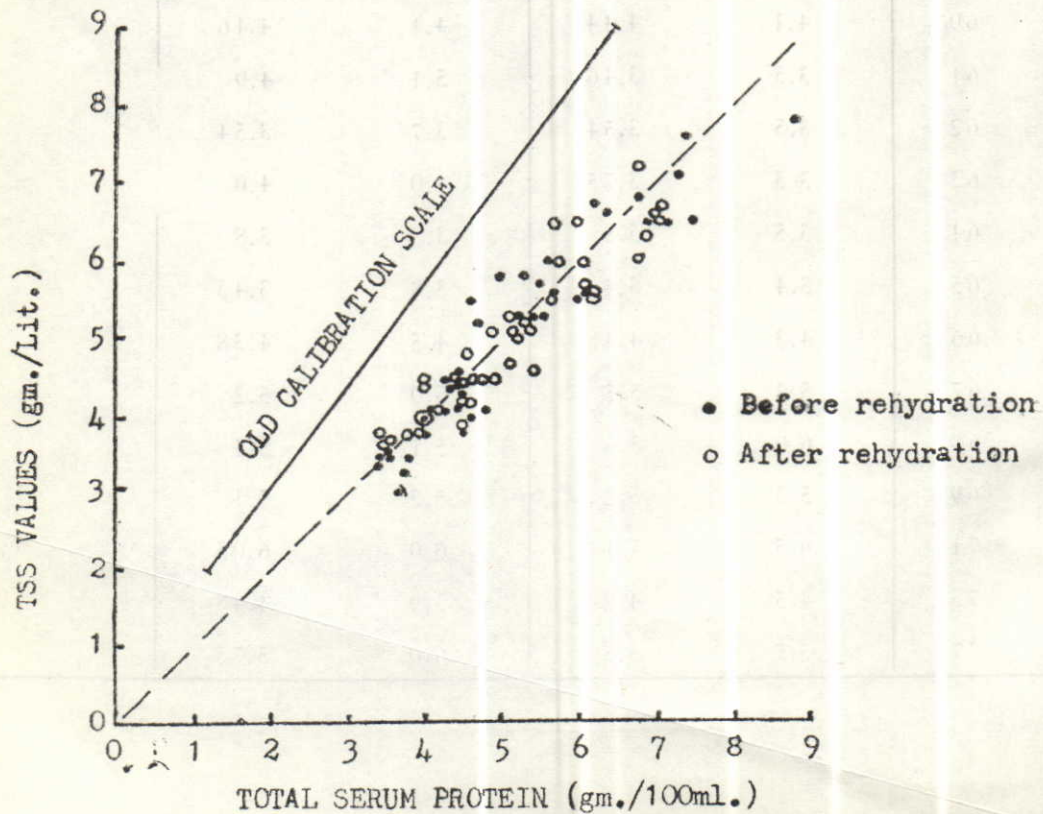


FIGURE II. EFFECT OF REHYDRATION ON THE CORRELATION BETWEEN

COMMENTS.

The use of refractive index changes to measure serum protein concentration has been established as a most rapid and useful technic for many years. (3, 7) and it is recently being adapted for auto-analytic procedure. (7) It can be expected that refractometry will allow a greater variability of result in the determination of total serum protein than does the biuret method. The early reports on the use of refractive index for serum proteins determination stated that a correction factor must be applied for the non-protein constituents of serum. (1, 7) These components include electrolytes, glucose, urea, bilirubin, cholesterol and lipids. Marsh and Fingerhut recently demonstrated that glucose value up to 400 mg./ml. and urea N. values up to 200 mg./100 ml. caused changes of the refractive index which were within the tolerance. Bilirubin and turbidity either artificially produced or present as a result

of pathological conditions, caused virtually no effect. (7, 8) The exact effect of very high cholesterol or lipid level was difficult to assess since artificially prepared solutions alter the protein nature of the test solution. (7) The validity of this method in the estimation of total serum proteins in specimens with varying albumin and globulin content and A/G ratios has been questioned but the recent study by Barry and associates indicated that its accuracy is entirely satisfactory for clinical use. Our experience also indicated degree of dehydration, albumin, and globulin content, jaundice and turbidity has no significant effect on the TS refractometry.

For practical purpose of nutritional survey it is suggested that we may adopt the TS reading directly as the total serum proteins in grams/100 ml. The confirmation of above findings is still required from other laboratories.

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Effect of Time and Temperature on Plasma Ammonia Determination

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Abstract

By means of this method it has been demonstrated that the distribution of ammonia in plasma of normal individuals increases after drawing. The influence of temperature on in-vitro generation of ammonia in plasma was evaluated. It was found that when blood was placed in a freezer with the temperature between -20°C and -25°C there was no significant rise of blood ammonia levels. There was gradual rise when blood was placed in a refrigerator with the temperature about 4°C and more rapid rise at room temperature. The inhibition of ammonia production at temperature below -20°C facilitates a laboratory procedure when it is necessarily delayed.

Introduction

Blood ammonia is formed in the gastrointestinal tract and eliminated as urea by the liver. In cases of liver damage or disease, cirrhosis, and occasionally in severe heart failure, azotemia, corpulmonale, and erythroblastosis fetalis, the ammonia is not properly converted and the ammonia level of the plasma rises. Repeated ammonia determinations have been found especially

useful in the monitoring of patients suffering from hepatic coma. The method used to determine ammonia is fairly simple for any laboratory, but it must be performed as soon as possible following collection of the sample. Only freezing of the sample provides an adequate mean of storage as was demonstrated in this experiment.

* This experiment and report were presented by Chatchawadee Kunarak in fulfillment of the requirements for a B.Sc. (M.T.) from Chiang Mai University 71-72.

Method

The method used in this experiment represents a modification of the Seligson and Seligson microdiffusion method, the principle being that when saturated potassium carbonate is added to an aliquot of plasma, the alkali causes the release of any ammonia present in the plasma. The ammonia is trapped in hydrochloric acid in specially designed diffusion bottles. After an appropriate time interval, the acid drop and the absorbed ammonia are rinsed into cuvettes with Nessler's reagent and the optical density read. A standard of known concentration is prepared and treated in the same manner and the final results computed by the standard formula:

$$\frac{\text{O.D.}_{\text{unk}} \times \text{Value of Std}}{\text{O.D.}_{\text{Std}}} = \text{Value unknown}$$

To show the effect of time and temperature on the level of ammonia in plasma, samples were taken from nine normal individuals with no history of liver damage or disease. EDTA has been found to be the ideal anticoagulant for ammonia studies and was used in this case. Plasma was separated immediately and an immediate determination done in order to determine a baseline value for each sample. Plasma must be separated before freezing because freezing and thawing of whole blood results in the hemolysis of red cells which causes a false

elevation due to the presence of ammonia in the red cells. The samples were then divided into three sets. Set 1 was kept at room temperature (25°C) and retested 3 hours, 6 hours and 9.5 hours after collection. Set 2 was refrigerated and retested at 6, 12 and 23.5 hours. The third set was placed in the freezer and tested again at 24, 48 and 72 hours.

Results

It was found that the ammonia content of plasma prepared and maintained at room temperature is not constant. Plasma in contact with air in vitro continues to form ammonia. This reaction is markedly inhibited by keeping plasma in the freezer. It was observed that the ammonia levels of plasma frozen in the freezer immediately after shedding, if measured promptly after thawing, remain less changed than that of refrigerator stored or plasma kept at room temperature.

In Set 1, in which plasma was left at room temperature, there was a gradual rise of ammonia content starting at 10 minutes. At the end of 6 hours, the concentration of blood ammonia had risen to 2 or 3 times the normal level. When blood was kept in the freezer, there was no significant increase in ammonia level.

In Set 2, the temperature of ordinary refrigeration apparently could not prevent the enzymatic hydrolysis of blood, when

was a gradual increase of ammonia although not to the same degree as in these specimens left at room temperature.

In Set 3, the period of freezing was extended to 4 days. There was no significant increase of ammonia content in the blood, when compared with the normal. A comparison of curves indicated that the ammonia levels were less altered during the period of freezing than storage at either room temperature or refrigeration.

The mean values of varied conditions were:

% of plasma ammonia increase per hour	
Room temperature	28.1 %
Refrigerator	9.3 %
Freezer	0.834 %

Conclusion:

This investigation showed that the ammonia concentration of freshly drawn plasma was insignificantly altered by rapid freezing but that at room temperature, the plasma ammonia concentration remains constant for 15-40 minutes after blood is withdrawn from the body and then rapidly increases. Because ammonia levels increase rapidly on standing, the test should be run as soon as possible following collection of blood. If processing must be delayed more than 20 minutes, plasma should be

quick frozen and kept in the freezer until ready for determination. Testing should not be delayed more than 3 days as even in the frozen state, the ammonia increases after that time. The sample should be thawed at 37°C for no more than 5 minutes and analysed immediately. Nowadays, freezing helps laboratories to be able to determine plasma ammonia when specimens have been drawn at night or on weekends because they may be stored for subsequent analysis. It also affords a means of preserving blood specimens during transportation from hospitals at which blood ammonia determinations are not available to central laboratories. In research laboratories it allows investigators to collect serial specimens for subsequent analysis without requiring repeated interruptions for immediate processing of individual samples. The determination of plasma ammonia has wide applicability in clinical medicine and research. Nevertheless, many hospital laboratories do not perform ammonia determinations because of difficulties encountered in the collection and analysis of specimens. A major reason for excluding this procedure has been the necessity of performing the analysis within 10-30 minutes of obtaining the sample.

Comparison of percentage increase in plasma ammonia at various times

Kept plasma at room temperature.

Sample	Time		
	3 hours	6 hours	9.30 hours
1	138.9%	186.9%	140.0%
2	144.1%	172.1%	28.6%
3	15.7%	374.1%	120.2%
Average/hour	33.2%	40.7%	10.3%

Comparison of percentages increase in plasma ammonia at various times.

Stored plasma in the refrigerator.

Sample	Time		
	24 hours	48 hours	72 hours
1	7.02%	70.2%	71.4%
2	5.4%	0%	108.6%
3	148.9%	257.1%	274.4%
Average/hour	12.5%	9.1%	6.4%

Comparison of percentage increase in plasma ammonia at various times.

Stored plasma in the frozen state.

Sample	Time		
	24 hours	48 hours	72 hours
1	0%	0.3%	90.9%
2	58.4%	0%	178.9%
3	14.83%	0%	74.6%
Average/hour	1.01%	0.002%	1.5%

Spontaneous rise in plasma ammonia

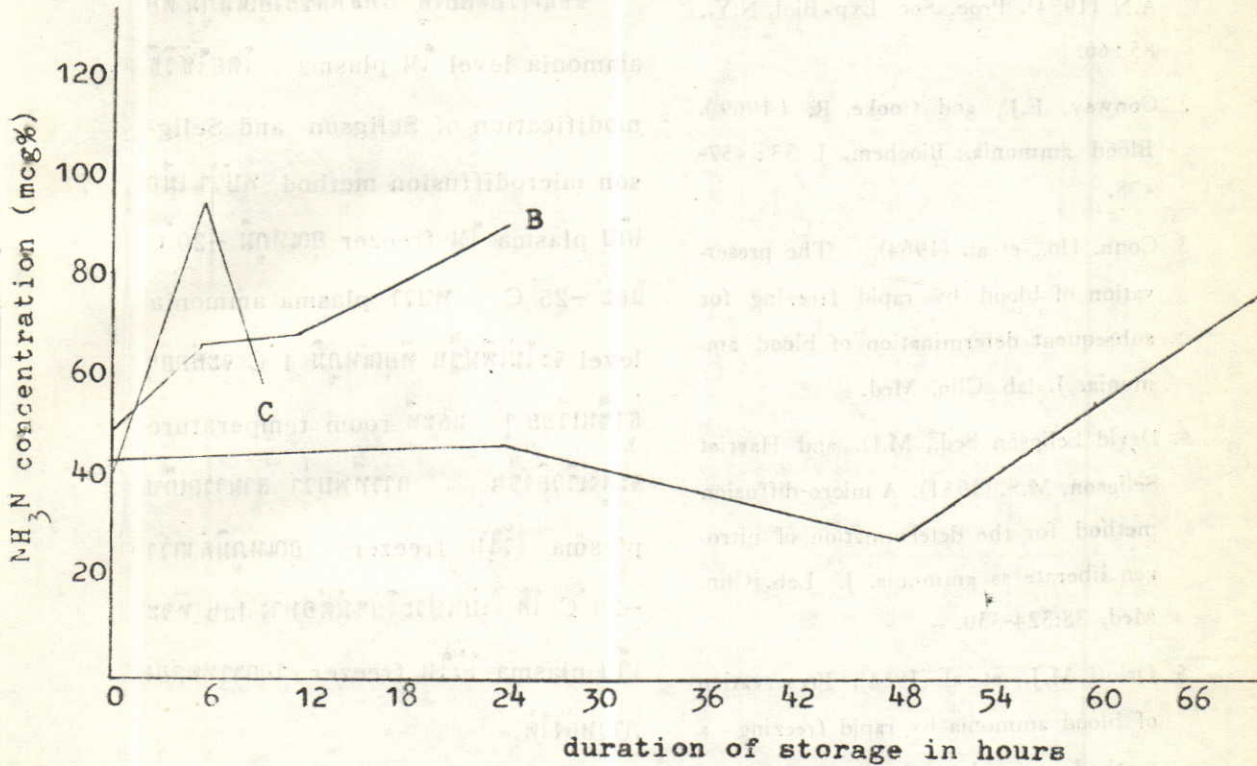


Fig II. Ammonia concentration in nine samples of blood as a function of time after shedding.

curve A. - plasma kept in the freezer

curve B. - plasma kept in the refrigerator.

curve C. - plasma kept at room temperature.

Each curve base on the mean plasma ammonia concentration of nine specimens determined serially after various period of storage.

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ย่อเรื่อง

จากการทดลองดู อิทธิพลของอุณหภูมิ ต่อ ammonia level ใน plasma โดยใช้วิธี modification of Seligson and Seligson microdiffusion method พบว่า เมื่อ เก็บ plasma ใน freezer อุณหภูมิ -20°C และ -25°C พบว่า plasma ammonia level จะไม่เพิ่มขึ้น ที่อุณหภูมิ 4°C จะค่อยๆ เพิ่มขึ้นเรื่อยๆ และที่ room temperature จะสูงเร็วยิ่งขึ้น การที่พบว่า สามารถเก็บ plasma ไว้ใน freezer อุณหภูมิต่ำกว่า -20°C ได้ เป็นประโยชน์ต่อทาง lab ที่จะ เก็บ plasma ไว้ใน freezer รอการทดลอง ภายหลังได้



The Relationship between Hookworm Infection and the Level of Serum Iron.

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Chucherd Sivasomboon, M.D., M.P.H. & T.M.***

Abstract

A study on the relationship between hookworm infection and the serum iron level was carried out among the inmates of Chiang Mai provincial prison between November 1970 and January 1971. Quantitative egg counts were done in infected subjects and in normal persons as a control. The level of serum iron and the total iron binding capacity were determined among these subjects. The correlation between the degree of hookworm infection and the serum iron level was established.

Hookworm infection is one of the most commonly found diseases in the world. Evidently, the disease has been present since prehistoric period. It has caused human to suffer and great economic loss in number of times.

During the year 1921 - 1923, the Rockefeller foundation in cooperation with the Thai government made a survey on hookworm infection in Thailand and found

57.3 % of the Thai population suffered the disease. The data comprised 22.8 % from the Northeast, 26.9 % from the Center, 43 % from the South and 8 % from the North (5). Most of the hookworm infection found in Thailand are caused by the worm *Necator americanus* and only 0.86 % by *Ancylostoma duodenale*.

Iron (Fe.) is one of the most important component of hemoglobin in blood.

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There is always a constant amount of iron in a normal healthy person. The rate of turnover is about 27-35 mg/day. Iron source does not come solely from intestinal absorption but also from hemoglobin catabolism in the reticuloendothelial system. Protein "transferrin" acts as the transportator of which one third is bound to "plasma iron" and the rest remains free. Plasma iron concentration is low in anemic conditions such as rheumatoid, certain kind of cancer. Plasma iron is high during the damage of red blood cells.

The main cause of anemia in tropical areas is due to malaria and hookworm infection. The symptom of hookworm infection is not drastic but long lasting and can be fatal if not treated.

Many records and evidences showed a strong linear relationship between number of hookworms infected persons and hemoglobin concentration (2, 4, 6, 7). The quantity of hookworms is related to the number of eggs in the feces of the infected person. People carrying hookworms in their intestines are divided into four categories according to the number of eggs/unit of feces as follows.

1) Carrier - persons having less than 800 eggs/l gm of feces or equivalent to 40 hookworms in the intestine.

2) mild case - persons having between 800-3000 eggs/l gm of feces or equivalent to 150 worms.

3) moderate case - persons having between 3,000 - 7,500 eggs/l gm of feces or equivalent to 400 worms.

4) severe case - persons having over 7,500 eggs/l gm of feces or equivalent to 800 worms.

Investigations were done in patients suffered severe infection and all of them were found to have low hemoglobin content in blood (3). The anemia is of hypochromic and microcytic type. Plasma iron was reduced greatly. The red cell/white cell ratio is twice as high as in normal. The loss of red blood cell is increased via intestine. A normal healthy persons losses 0.03% of iron per day while 4.79% of iron per day is lost in severe cases. During the initial infection by hookworm, the hemoglobin content is not changed since iron is replaced by the reserved body iron. Later, when the iron reserve is depleted, the overall iron content begin to decline and hence anemic condition follows.

The purpose of this study is to investigate the relationship between iron content in serum and number of hookworms in the intestine ie. the number of eggs/gm of feces.

Material and Methods The volunteers were the inmates of Chiang Mai provincial prison. Stool examination was performed to detect infection and number of eggs was determined in infected sample by Stool's Technique (7). The multiplication

factor for calculating the number of eggs varies according to the condition of stool as follows.

condition of stool	factor
hard formed	1
mushy, formed	1.5
mushy	2
mushy, diarrheic	3
frankly diarrheic	4
watery	5

Determination of serum iron is achieved by modified technique of Caraway (1). The principle of the method is to reduce Fe and detach it from the heme component with ascorbic acid and hydrochloric acid containing sterox. The Fe is detected in the supernatant by adding 2-

4-6-S- tripyridye-S-triazine (TPTZ) and ammoniumacetate. The quantity of Fe is then measured colorimetrically at the wavelength of 590 mu.

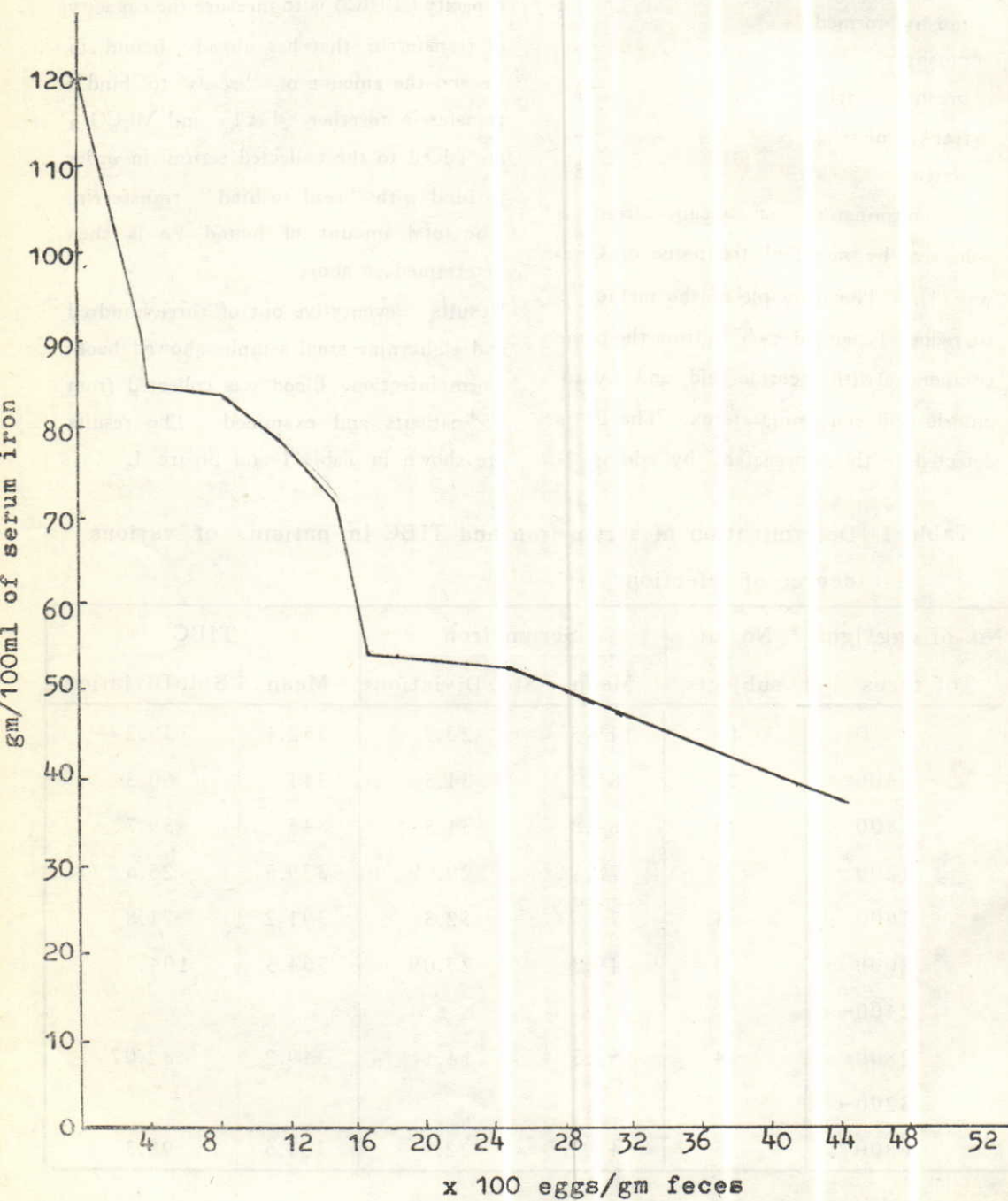
Determination of total iron binding capacity (TIBC) is to measure the capacity of transferrin that has already bound to Fe and the amount of "ready to bind" transferrin together. FeCl_3 and MgCO_3 are added to the collected serum in order to bind with "read to bind" transferrin. The total amount of bound Fe is then determined as above.

Results Seventyfive out of three hundred and eighty nine stool samples showed hookworm infection. Blood was collected from 45 patients and examined. The results are shown in Table 1 and Figure 1.

Table 1 Determination of serum iron and TIBC in patients of various degree of infection.

No. of egg/lgm of faces	No. of subjects	Serum iron		TIBC	
		Mean	Std. Diviation	Mean	Std. Diviation
0	15	119.5	23.7	352.4	39.2
400	23	85	31.5	341	60.3
800	8	84.8	31.5	345	59.7
1200	7	78.14	29.09	339.5	25.6
1600	4	73	32.3	391.2	71.8
2000	3	49.3	23.09	364.3	104.7
2400-					
2800	4	52.5	14.1	349.2	82.07
3200-					
6800	5	45.2	22.9	354.6	99.3

Figure 1 Relationship between level of serum iron and the degrees of infection of hookworm in the subjects.



Discussion There is a gradual reduction of level of serum iron in the persons infected with hookworm. Although the initial drop of the iron level in very mild cases seems to be too great, it is still in the limit. The reduction of serum iron may not indicate the anemic condition since there may be enough iron from the body reservoir to bind with hemoglobin. The data indicates the loss of overall Fe and the degree of Fe loss correlates with the degree of hookworm infection. In this experiment, the TIBC is rather constant in both normal and infected subjects. The power of binding of transferrin to Fe may be influenced by many factors such as diet, individual Fe reserve, daily turnover of Fe.

Conclusion The level of iron (serum) in hookworm infected persons is lower than normal. The degree of hookworm infection directly relates with the degree of reduction of iron serum.

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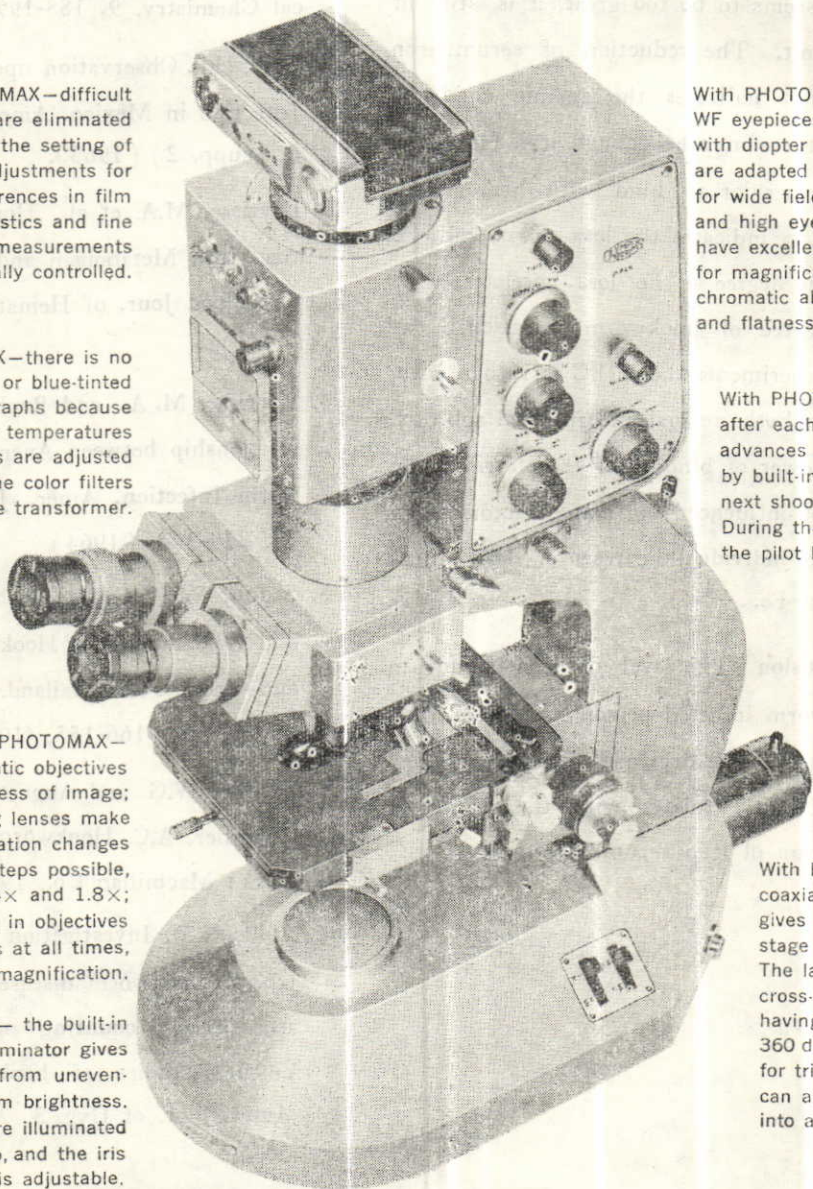
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THE SUSCEPTIBILITY OF FIFTY STRAINS OF SHIGELLA TO EIGHT ANTIMICROBIAL AGENTS

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Kampol Panas ampol, M.D. **

Abstract

Fifty strains of *Shigella* from patients in Nakorn Chiang Mai Hospital and McCormick Hospital were isolated during the period from December 15, 1970, to March 20, 1971. The identification of *Shigella* was carried out by biochemical reaction and serology. Of 50 isolated *Shigella*, altogether 32 strains of *Sh. flexneri* were identified. All of these strains were tested for antimicrobial sensitivity by the serial tube dilution method with eight antimicrobial agents. The antimicrobial agents were Garamycin (Gentamycin), Terramycin (Oxytetracycline), Colimycin, Streptomycin, Chloramphenicol, Ampicillin, Kanamycin and Sulfadiazine. The results indicated that *Shigella flexneri* were sensitive to Gentamycin 12.4%, Colimycin 68.75%, Ampicillin 12.5%, Kanamycin 12.5%, Chloramphenicol 3.12% respectively. Fourteen strains of *Sh. sonnei* were sensitive to Colimycin 83.33% and to Ampicillin 7.14%. For 4 strains of *Shigella dysenteriae*, 75% of them have been shown to be sensitive to Colimycin and 25% of them were sensitive to Kanamycin. None of *Shigella* were sensitive to Sulfadiazine, Streptomycin and Terramycin.

INTRODUCTION

Intestinal tract infections are among the most common disease usually found in tropical countries, particularly in poor hygienic populations. The infections agents may be parasitic, such as Hookworm, *Entamoeba histolytica*, or may be bacterial.

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Among bacterial intestinal tract infections, Shigellosis or bacillary dysentery, caused by *Shigella*, is one of the most common disease in Thailand. *Shigella* is divided by biochemical reactions into two major groups, mannitol fermenters and non-mannitol fermenters, and into four groups by serological reaction, group A (*Shigella dysenteriae*), group B (*Shigella flexneri*), group C (*Shigella boydii*), and group D (*Shigella sonnei*).

The transmission of this disease may occur by direct contact through fecal-oral transmission; or indirectly, by eating contaminated foods, vegetables, or drinking contaminated water or milk (1,2,3). The disease begins with acute diarrhoeae, accompanied by fever and often vomiting, cramps and tenesmus. In severe cases the stool may contain blood, mucus and pus.

Many antibiotics are introduced in the treatment of Shigellosis. Formerly sulfaguanidine was very effective, however later many strains developed resistance. Some enteric bacilli could transfer resistance factors to *Shigella* and make it resistant to the antibiotics (4,5,6). Therefore, the antimicrobial sensitivity should be done before treatment. But sometime the doctor can not wait for the sensitivity results. In this case the drug of choice should be given. This experiment tried to study the antimicrobial susceptibility of *Shigella*

and it will be useful for the doctor to choose the drug for treatment of Shigellosis.

MATERIALS AND METHODS

I. Organism. *Shigella* used in this experiment were isolated from the patients in Chiang Mai Hospital and McCormick Hospital. Most of the patients came to the hospital with the symptoms of diarrhoeae or dysentery.

II. Antimicrobial agents. Eight antimicrobial agents, sulfadiazine, colimycin, terramycin, garamycin, ampicillin, chloramphenicol, streptomycin, and kanamycin were tested for susceptibility of *Shigella*.

These agents were dissolved in sterile distilled water to give concentration of 2000 mcg or unit/ml and kept frozen in 4 ml aliquots. Before using the stock solution was thawed and the remainder discarded after use.

III. Susceptibility testing method. Stock solutions of antimicrobial agents were thawed and diluted 1:10 with sterile distilled water, the final concentration being 200 mcg or unit/ml. The serial dilution of antimicrobial agents were done using trypticase soy broth to make concentrations of 100, 50, 25, 12.5, 6.25, 3.125, 1.562, 0.781 and 0.39 mcg or unit/ml, the final volume was 0.5 ml. Then 0.5 ml. of 1:1000 dilution of overnight culture of *Shigella*

Table IV. The limit of Minimal Inhibitory Concentrations for "Sensitive", "Intermediate" and "Resistant" strains.

Antibiotics	Sensitive (mcg/ml)	Intermediate (mcg/ml)	Resistant (mcg/ml)
Streptomycin	5.0	5.0-25	25
Kanamycin	5.0	5.0-25	25
Gentamycin	2.5	2.5-10	10
Chloramphenicol	5.0	5.0-25	25
Tetracycline	2.5	2.5-50	5.0
Colimycin	100U/ml	100-500U/ml	500 U/ml
Ampicillin	2.5	2.5-10	10

Table V Percentage of sensitive (S), intermediate (I), and resistance (R) to 8 antimicrobial agents of Shigella.

Antimicrobial agents		Sh. flexneri	Sh. sonnei	Sh. dysenteriae
Streptomycin	%S	0	0	0
	%I	12.5	71.4	75
	%R	87.5	28.6	25
Ampicillin	%S	12.5	7.14	0
	%I	43.75	75.4	75
	%R	47.75	17.46	25
Kanamycin	%S	12.5	0	25
	%I	84.38	100	75
	%R	3.12	0	0
Sulfadiazine	%S	0	0	0
	%I	0	0	0
	%R	100	100	100
Garamycin	%S	12.5	0	0
	%I	87.5	100	100
	%R	0	0	0
Colimycin	%S	68.75	83.33	75
	%I	31.25	16.66	25
	%R	0	0	0
Terramycin	%S	0	0	0
	%I	0	0	0
	%R	100	100	100
Chloramphenicol	%S	3.12	0	0
	%I	18.25	0	75
	%R	78.63	100	25

DISCUSSION

Antimicrobial susceptibility is very important in antibiotic therapy (7). Each organism is different in its susceptibility to drugs. There are many methods for determining antibiotic susceptibility such as the disc agar diffusion method, the agar plate dilution method, and the test tube serial dilution method. The test tube serial dilution method seem to be the best with the result expressed in quantitative terms as MIC (Minimal Inhibitory Concentration), which is easy to compared with other antibiotics. However, this method is time consuming, laborious and needs skilled technicians. There are many factors affection the accuracy of the test : for example, medium pH, stability of antibiotics, inoculum, and and incubation time.

From our result, all of the 50 *Shigella* strains were resistant to sulfadiazine, streptomycin, and terramycin. This may be because these drugs have been used commonly for a long time, and patients usually buy and take them by themselves. So the possibility that the organisms have been exposed to and have developed resistance to these drugs is higher. Haltalin et. al: (8) have shown that only 25 of 52 strains were sensitive to sulfadiazine while 47 of 52 strains were sensitive to ampicillin. The other may have resulted from the small amount of our sample.

Colimycin and kanamycin seem to be the most effective drugs for Shigellosis, because only a few strain of *Shigella* were resistant to these drugs.

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ย่อ และ วิจารณ์เอกสาร

Improved Colorimetric Method for Assay of Amphetamines in Urine

Christopher S. Frings, Cecelia Queen, and Lowell B. Foster

Clinical Chemistry vol. 17 No. 10 p: 1016-1919 Oct. 1971.

การตรวจหา amphetamines ในปัสสาวะมีหลายวิธีด้วยกัน เช่น Gas chromatography ซึ่งต้องการอุปกรณ์พิเศษและมีหลาย steps ในการทำจึงเสียเวลามาก ส่วนวิธี fluorometric และ spectrophotometric ส่วนมากขาด sensitivity และ specificity วิธี spectrophotometric เดิมใช้ methyl orange method ซึ่งมี interferences จากยาต่างๆ มาก ผู้เขียนได้เสนอวิธี modified methyl orange สำหรับหา amphetamines ใน urine โดย pre-extraction ของ urine ซึ่ง adjusted ให้มี pH 5.5 ด้วย chloroform เสียก่อน เพื่อ remove drugs ส่วนมากซึ่งจะ interfere ออกแล้วจึงให้ amphetamines รวมกับ methyl orange ได้ chromogen ซึ่งเมื่อวัดที่ 515 mμ จะ follow Beer's law จนความเข้มข้นของ amphetamines ถึง

10 mg/100 ml วิธีนี้เป็นวิธีที่ง่าย, precise และ sensitive.

พัทธราภรณ์ ชมเชิงแพทย์

B.Sc. (Med. Tech.), C (ASCP)

Glucose Assay Systems : Evaluation of a Colorimetric Hexokinase Procedure

Walter R. Weight, John C. Rainwater, and Lawrence D. Tolle

CLINICAL CHEMISTRY vol. 17 No. 10 p. 1010-1015, Oct. 1971

การหา glucose ไม่เลือดโดยวิธี enzymatic มี advantage คือ มี specificity ดี จึงเป็นที่นิยมใช้กันมาก enzyme ตัวแรกที่ใช้สำหรับหา glucose คือ Glucose oxidase product ที่เกิดขึ้น คือ hydrogen peroxide มี biological materials หลายอย่าง que interfere การหาปริมาณ hydrogen peroxide ฉะนั้นจึงทำให้ specificity ของวิธีนี้ลดลง

ต่อมาได้มี developed วิธี enzymatic ชนิดใหม่ใช้ enzymes Hexokinase และ Glucose-6-phosphate dehydrogenase วิธีนี้ไม่มี interferences ใดๆ ที่จะทำให้ specificity ลดน้อยลง

เพื่อที่จะ evaluate วิธี Hexokinase procedure ผู้ทดลองจึงได้ทดลองหา glucose ใน serum ด้วยวิธีนี้ เปรียบเทียบกันอีก 3 วิธีคือ

1. Ferricyanide (ซึ่งใช้ Auto Analyser)
2. O-Toluidine (manual procedure)
3. Neocuproine (ใช้ SMA-12/30)

หลักการของวิธี Hexokinase มีดังนี้ ใช้ Glucostrate Kit ของบริษัท Warner-Lambert ซึ่งประกอบด้วย Buffered enzyme reagent, Color developer และ Diluent-stabilizer reagent. เมื่อ incubate serum กับ buffered serum reagent (ซึ่งประกอบด้วย hexokinase, glucose-phosphate dehydrogenase ATP, NADP. และ Tris buffer) แล้วให้ทำปฏิกิริยากับ Color developer (Phenazine methosulfate) ผลสุดท้ายเติม stabilizer ซึ่งคือ 0.1 N HCl วัดสีที่ 520 mu เทียบกับสีที่เกิดจาก known standard glucose solution

จากการทดลองเปรียบเทียบกันทั้ง 4 วิธี พบว่าวิธี Glucostrate มี precision มาก

กว่า o-Toluidine, เท่ากับ Ferricyanide (Auto Analyser) และน้อยกว่า Neocuproine (SMA-12/30) และวิธี Glucostrate, o-Toluidine และ Ferricyanide มี correlation กันดี แต่ค่า neocuproine มีค่าต่างจาก 3 วิธีข้างต้น อาจเนื่องจาก 3 วิธีข้างต้นนั้น standardized ด้วย aqueous standard solution แต่ neocuproine standardized ด้วย Hyland reference serum.

พัตราภรณ์ ชมเชิงแพทย์

B.Sc. (Med. Tech.), C (ASCP)

A Case Study of the Detection and Identification of Anti-Vel within a Family.

Margaret L. Ailes. The American Journal of Medical Technology, Vol. 37 No. 5

Vel-antigen มีอยู่ในเลือดซึ่งพบได้บ่อยนั้น ได้พบโดย Sussman และ Miller ในปี ๑๙๕๒ สำหรับ Antibody ต่อ Antigen ชนิดนี้ ได้พบในหญิงคนหนึ่ง ซึ่งเกิด severe hemolytic reaction โดยได้ทำ cross-matching ๑๐,๐๐๐ ราย พบว่า serum ของคนไข้เกิด agglutination ทุกรายยกเว้น ๔ ราย และจากการใช้วิธี absorption test จึงทราบว่า มี antibody ชนิดเดียวในคนไข้ซึ่งคือ Anti-Vel นั่นเอง

การศึกษาคราวน์ได้ศึกษาใน คน ใช้หญิงอายุ ๕๒ ปี ที่มี Antibody ซึ่งได้โดยตรงกับ "public" Antigen Vel โดยที่เลือดของเธอไม่ compatible กับของ donor เลย เนื่องจากมี Antibody ใน plasma ของเธอ เธอเคยตั้งครรภ์อย่างปลอดภัยมาแล้วถึง ๔ ครั้ง แต่ในครรภ์ที่ ๕ นี้มีการผิดปกติขึ้น จึงได้ทำการศึกษาแบบของกรรมพันธุ์ ในครอบครัวปัจจุบันของเธอ ซึ่งมีคน ๖ คน ในครอบครัว โดยใช้ Cells จากเลือดมาทำปฏิกิริยากับ serum ของเธอเอง ซึ่งผลปรากฏว่า น้องสาวของเธอเพียงคนเดียวเท่านั้นที่เป็น Vel-negative (No Vel-antigen) ส่วนลูกชายอีก ๓ คนเป็น Vel-positive แต่ลูกคนหนึ่งพบว่า มี Antigen ที่อ่อน, การขาด Vel-antigen ใน inherited trait เนื่องจาก Vel-antigen ถูก control โดย recessive gene ซึ่งต้องเป็น gene ที่ homologous ซึ่งมี genotype เป็น $Ve^a Ve^a$ และ Vel-positive เป็น $Ve^a Ve^a$ ส่วน Vel-negative จะมี gene เป็น $Ve Ve$ แม้ว่า Vel-negative phenotype จะหายากแต่ก็เคยพบ anti-vel หลายราย ซึ่งจะสะท้อนให้เห็นถึงการให้ Transfusion ในรายรับคว่น โดยที่อาจมี antibody นี้เกิด

ขึ้นได้ดังนั้น การทำ antibody นี้จึงจำเป็น การจะหา donor ต้องทำ cross-matching แบบสุมโดยจะพบได้ 1 รายในทุกๆ 10,000-25,000 units ของเลือด

สุภา เดชะ

B.Sc. (Med. Tech.)

Comparison of Two Commercially Available Media for Detection of Bacteremia

John A. Washington II

Applied Microbiology, Volume 22, October 1971, No. 4

จากการใช้ media ที่มี Sodium poly-anetholesulfornate คือ thiol Broth และ media ที่ไม่มี sodium polyanetholesulfonate คือ tryptic soy broth เปรียบเทียบการเจริญของเชื้อ ในการทำ Blood culture ระหว่างเดือนกรกฎาคม 1968 จนถึงเดือน ธันวาคม 1970 โดยเจาะเลือดด้วยวิธี Venipuncture จากคนไข้ที่มา รับการรักษาที่ Mayo Clinic แล้ว inoculated ลงใน Media ที่ 35°C แล้ว sub culture ทุกวันลงใน chocolate blood agar plates แล้ว incubated ที่ 35°C ใน 10% CO₂ 48 ชั่วโมง ถ้าไม่พบเชื้อขึ้นก็ sub culture จนครบ 14 วัน

ผลของการ Culture และ isolate พบ ว่า คนไข้ 171 คน Hemo-culture 3795

ราย พบเชื้อ Actinobacillus และ Pseudomonas แยกได้จาก tryptic soy broth เป็นจำนวนมากว่า แยกได้จาก thiol broth และในขณะเดียวกัน แยกเชื้อ Streptococcus กับ Corynebacterium spp. ทั้ง aerobic และ anaerobic ได้ จาก thiol broth เป็นจำนวนมากว่าที่แยกได้จาก tryptic soy broth.

ใน positive culture พบจำนวน anaerobic bacteria 11% และในจำนวนนี้ 20% ผู้ป่วยเป็น Bacteremia และ 78% ของ positive culture พบพวก Bacteroidaceae ซึ่งเป็นคนไข้ Bacteremia 69% นอกจากนั้นพบว่าคนไข้เป็น Polymicrobial bacteremia 11% ซึ่งบ่งชี้ว่ามีมากกว่าที่เคยมีรายงานไว้

ดังนั้นจึงสรุปจากการทดลองไว้ว่า tryptic soy broth เป็น media ที่ดีสำหรับเชื้อ Actinobacillus, Enterobacter และ Pseudomonas ส่วน thiol broth เป็น media ที่ดีสำหรับเชื้อ Proteus และ Streptococcus และใน thiol broth จะมีเชื้อ corynebacterium group ทั้งที่เป็น aerobic และ anaerobic contaminate ได้มากกว่าใน tryptic soy broth สำ-

หรับเชื้ออื่นๆ พบว่าขึ้นได้คล้ายกัน ใน media ทั้ง 2 ชนิด.

จิราภรณ์ ดวงบาน

B.Sc. (Med. Tech.)

Intracranial Abscesses

by D. Balakrnan and M. Natarajan from I. India Med. Asso. 58:87-90, 1971

จากการศึกษาระยะเวลา 4 ปี คือปี 1963-1967 ที่แผนกศัลยกรรมประสาท โรงพยาบาลเออร์สโกน มาคโร ประเทศอินเดีย มีคนไข้ที่ป่วยด้วย Intracranial Abscesses 45 ราย ได้ศึกษาถึงสาเหตุของโรคนี้พบว่าเกิดจาก

1. หูอักเสบเรื้อรังและลุกลามไปถึงเยื่อหุ้มสมอง

2. เป็นการอักเสบที่เกิดขึ้นจากส่วนต่างๆ ของร่างกาย และลุกลามไปยังเยื่อหุ้มสมอง

จากผู้ป่วย 45 ราย ทำการเพาะเลี้ยงเชื้อ 22 ราย มีเชื้อขึ้น 19 ราย ไม่ขึ้น 2 ราย smear พบเชื้อ แต่เพาะไม่ขึ้น 1 ราย ที่เพาะขึ้น พบเชื้อ Staphylococci 4 ราย Staphylococci coagulase negative 1 ราย hemolytic Streptococci 3 ราย Streptococci faecalis 2 ราย non hemolytic Streptococci 2 ราย Proteus vulgaris 3 ราย Aerobic spore bearers 1 ราย coliform bacilli 3 ราย

Pneumococci 1 ราย เชื้อทั้งหมดมีความไวต่อยา streptomycin และ chloramphenicol.

เนตร สุวรรณเศรษฐศาสตร์

B.Sc. (Med.Tech.)

Cary-Blair, a Transport Media for Vibrio Parahemolyticus

David A. Neumann, M.D., CPTMC, Michael W. Benenson, M.D., CPT MC, Edward Hubster, SSG, USA, and Ngugen Thi Nhu Tuan.

Amer. J. Clin Path. 57 : 33-34, 1972.

ในปี 1952 ชาวญี่ปุ่นพบว่า 30-40 % ของคนไข้ที่เป็น "Summer Diarrher" จะพบ Vibrio parahemolyticus อยู่ด้วย

ในปี 1964 United States Army Medical Research Team (WRAIR) ได้มีการ survey หา organism ตัวนี้ โดยใช้ cary-Blair เป็น Transport Media ซึ่งประกอบด้วย Sodium thioglycollate, 1-5 gm, Na₂HPO₄ 1.1 gm, NaCl 5 gm, Bacto agar 5 gm ละลายน้ำ demineralized 991 ml ต้มให้ agar ละลายแล้วแบ่งใส่ขวดที่มีฝาปิดแล้ว autoclave media พบว่า transport media ชนิดนี้ไม่มี nutrient ที่จะทำให้ enteric bacteria โดยเฉพาะอย่างยิ่ง Escherichia coli ขึ้นได้

จากการทดลองพบว่า Shigella และ Salmonella จาก rectal swab สามารถขึ้นได้ใน media นี้ซึ่ง incubate ที่อุณหภูมิห้อง 30 วัน

อย่างไรก็ตาม Cary-Blair เป็น media ที่คิดว่าดีที่สุด สำหรับเป็น Transport media ของ fecal specimen ซึ่งพบว่า survival time ของ Vibrio parahemolyticus ใน cary-Blair transport media สามารถอยู่ได้ถึง 35 วัน ซึ่งเพียงพอสำหรับการ survey หาเชื้อตัวนี้ในกรณีที่มีการระบาดของเกิดขึ้น.

ยุพา สุภาเลิศ

B.Sc. (Med. Tech.)

Detection of Hemoglobin S Utilizing Sickledex Solubility, Reduced Oxygen Tension, and Electrophoresis.

Judson Moses Ravi, BBA, BS. American journal of Medical Technology Vol. 38, No. 1 Jan. 1972 P: 7-8

จากการทดลองหา Hemoglobin S เปรียบเทียบทั้ง 3 วิธีคือ Sickledex Solubility, Reduced Oxygen tension และ Electrophoresis พบว่าวิธี oxygen tension ได้ผล sensitive น้อยที่สุด (67%) และอ่านผลยากที่สุด ซึ่งถ้าหากมี poikilo-

cytes อยู่ด้วยโดยวิธีนี้จะให้ผล false positive

สำหรับวิธี Sickledex จะ sensitive มากขึ้น (83%) ข้อดีของวิธีคือการทดลองทำได้ง่ายและไม่ต้องมีเครื่องมือพิเศษอะไร วิธีนี้จะแยก H(S). ออกจาก Hb อื่น ๆ แต่ไม่มี H(C) และ Hb อื่น ๆ ที่หายาก Multiple myeloma และ hyperproteinemia จะให้ผล false positive นอกจากนี้ false negative อาจเกิดได้ถ้าหากความเข้มข้นของ Hb ต่ำ ดังนั้นเมื่อใช้ anemic blood ควรเอา plasma ออกเพื่อให้ Haematocrit สูงหรือเพิ่มเลือดเป็น 2 เท่า แต่วิธีนี้ไม่สามารถแยกแยะระหว่าง Homozygous HbSS และ Sickle trait (AS) ได้

วิธีที่ดีที่สุดคือ Hemoglobin Electrophoresis ซึ่งสามารถหา Sickle trait ที่ไม่สามารถหาได้โดยวิธี screening method นอกจากนี้ยังแยกแยะระหว่าง HbSS และ AS, เราสามารถหาปริมาณของ HbS ได้โดยเอา acetate strip มาอ่านใน densitometer.

ยุพา สุภาเลิศ

B.Sc. (Med. Tech.)

Enzymatic Diagnosis of Megaloblastic Anemia

R. M. Winston, M. D, F.C. Warburton, M.D., and A Stott, M.D.
Brit. J. Haematology, 19:587-592, 1970.

ได้มีการทดลองเปรียบเทียบ isoenzyme Lactate Dehydrogenase (LDH) ในเม็ดเลือดของคนไข้ ซึ่งเป็น Megaloblastic Anemia ซึ่งอาจมีสาเหตุมาจากการขาดวิตามิน B₁₂, folate deficiency หรือมีอาการรวมทั้งการขาดเหล็ก และ hemolytic anemia กับคนปกติพบว่าคนไข้ที่เป็น Megaloblastic anemia จะมี LDH₁-LDH₂ isoenzyme ตรงกันข้ามกับคนปกติ

พบว่าในเม็ดเลือดแดงของคนปกติและของคนโลหิตจางทั่วไป ยกเว้น Megaloblastic anemia LDH₂ จะมี activity สูงกว่า activity ของ LDH₁ แต่ใน Megaloblastic anemia ทุกราย พบว่า activity ของ LDH₁ จะสูงกว่า activity ของ LDH₁ จะสูงกว่า activity ของ LDH₂ ซึ่งสามารถพบได้ใน serum ของคน Megaloblastic anemia เหมือนกัน

จากการใช้ Simple chloroform inhibition test พบว่า สามารถหาได้ว่า LDH จะสูงมากกว่า 900 unit ได้พอ ๆ กับที่ใช้หา

ในเม็ดเลือดแดง ซึ่งจะให้ผลตรงข้ามกับคนปกติ

ยุพา สุภาเลิศ

B.Sc. (Med. Tech.)

Normal values for mean corpuscular volume as determined by the model S coulter counter

Silver H- and Frankel S. -Dept. path., Jew - Hosp. St. Louis Mo. Amer. J. Clin. Path. 1971 55/4 (438-441)

เป็นที่ยอมรับกันมานานแล้วว่า ค่าปกติของ mean corpuscular volume (MCV) อยู่ระหว่าง 82-92 cuu. แต่ในสหรัฐอเมริกาพบว่า ค่านี้ต่ำเกินไป โดยทำการทดลองจาก blood specimens 200 ราย หาค่า RBC. count ด้วยเครื่องนับเม็ดเลือด model S-coulter counter

หลังจากคำนวณหาค่า MCV แล้ว ปรากฏว่าได้ MCV เฉลี่ย 91.4 cuu คิดเป็น normal rang = 84-99 cuu.

ชลอ บ้วนัจจิต

B.Sc. (Med. Tech.)

Erroneous values on the model S coulter counter due to high titer cold autoagglutinins Hattersley

P.G., Gerard P.W., Caggiano V. and Nash D.R. - Dept. Med., Sch. Med., Univs. California, Davis, Calif. - Amer. J. Clin. Path. 1971 55/4 (442-446)

Blood specimen ที่มี cold agglutinins สูงๆ เมื่อนำไปทำ RBC. count ด้วยเครื่อง Model S coulter counter ใน lab ที่อุณหภูมิต่างๆ จะได้ค่า RBC. count ต่ำ เนื่องจากการเกิด microagglutinates ในรายที่เป็นเช่นนั้น การคำนวณหา MCV, MCH จะได้ค่าสูง ด้วยเหตุนี้จึงมีผู้แนะนำว่า การใช้เครื่อง Model S coulter counter จะต้องควบคุมอุณหภูมิให้พอเหมาะด้วย.

ชลอ บ้วนัจจิต

B.Sc. (Med. Tech.)



ข่าว

พระราชทานเครื่องราชอิสริยาภรณ์

เทคนิคการแพทย์ ผู้ได้รับพระราชทาน
เครื่องราชอิสริยาภรณ์ ในโอกาสเฉลิมพระ
ชนมพรรษา วันที่ ๕ ธันวาคม ๒๕๑๔ มีดังนี้
จัตุมภรณ์ช้างเผือก นายสวัสดิ์ ลังการสิทธิ์
จัตุมภรณ์มงกุฎไทย นายไพโรจน์ สภาวจิต
นางเพ็ญศรี วรรณฤมล

กลับจากต่างประเทศ

- ดร. สนิท มกรแก้วเกยูร เทคนิคการแพทย์
วันที่ ๔ ได้เดินทางกลับจาก ประเทศสหรัฐ
อเมริกา มาถึงประเทศไทยเมื่อวันที่ ๒๕ กุมภาพันธ์
๒๕๑๕ และขณะนี้ได้กลับเข้ารับราชการ
ที่ภาควิชาจุลชีววิทยา คณะแพทยศาสตร์ มหา
วิทยาลัยเชียงใหม่ ตามเดิมเรียบร้อยแล้ว

ดร. สนิท มกรแก้วเกยูร ได้รับปริญญา
วิทยาศาสตร์บัณฑิต(เทคนิคการแพทย์) วิทยา
ศาสตร์มหาบัณฑิต(จุลชีววิทยา) แล้ว ได้เดิน
ทางศึกษาต่อชั้นปริญญาเอก ณ ประเทศสหรัฐ
อเมริกา จนสำเร็จการศึกษา และได้รับปริญญา
เอกสาขา Bacterial Immunity เมื่อวันที่
๑๑ มกราคม ๒๕๑๕

- ดร. เวคิน นพนิตย์ เทคนิคการแพทย์

นครหลวงกรุงเทพฯ-ธนบุรี วันที่ ๗ ได้เดิน
ทางกลับจากสหรัฐ ฯ เพื่อกลับมาเยี่ยมบ้านชิว
คราวเมื่อเดือนมกราคม ๒๕๑๕ และได้กลับเข้า
ทำงานต่อ ที่ประเทศสหรัฐอเมริกาในตำแหน่ง
Director, Training Program in Elec-
tron Microscopy, School of medicin,
University of north carolina, chapel
Hill, N.C., U.S.A. ในราว ๆ เดือนมิถุนายน
พ.ศ. ๒๕๑๕

ดร. เวคิน นพนิตย์ จบการศึกษา ที่คณะ
เทคนิคการแพทย์ มหาวิทยาลัยมหิดล แล้วไป
ทำปริญญาตรี, โท, เอก ที่ University of
North carolina, U.S.A. โดยได้ปริญญา
เอกสาขา Electron Microscopy

ทุนองค์การอนามัยโลก

องค์การอนามัยโลก ได้จัดสรรทุนคุณาน
และศึกษาต่อให้แก่ภาควิชา เทคนิคการแพทย์
คณะแพทยศาสตร์ มหาวิทยาลัยเชียงใหม่ ตาม
ที่อาจารย์ชั้นพิเศษ นายแพทย์ชัยโรจน์ แสง
อุทุม ได้ติดต่อขอไปและได้รับทุนดังกล่าวมาตั้ง
ปี ๑๙๗๔

Medical Microbiology (24 months)

๑ ทุน

Clinical Chemistry (24 months)

๑ คน

Clinical Microscopy (24 months)

๑ คน

และให้เงินสำหรับซื้อหนังสือเข้าห้องสมุด

๓๐๐๐ เหรียญสหรัฐ ฯ

ปี ๑๙๗๕

Blood Bank (12 months) ๑ คน

และให้เงินสำหรับซื้อหนังสือเข้าห้องสมุด

๒๐๐๐ เหรียญสหรัฐ ฯ

ปี ๑๙๗๖

Serology (12 months) ๑ คน

และให้เงินสำหรับซื้อหนังสือเข้าห้องสมุด

๒๐๐๐ เหรียญสหรัฐ ฯ

แต่งตั้งอาจารย์ค่านักศึกษา

คำสั่งคณะแพทยศาสตร์ ที่ ๒๖/๒๕๑๕ ลงวันที่ ๑๙ เม.ย. ๑๕ ได้แต่งตั้งอาจารย์ฝ่ายนักศึกษา เพื่อคอยให้การดูแล และให้คำแนะนำแก่นักศึกษา ในเรื่องกิจกรรมนอกหลักสูตร ตลอดจนความเป็นอยู่ต่าง ๆ ซึ่งสาขาวิชาเทคนิคการแพทย์ อาจารย์ฝ่ายนักศึกษาได้แก่ อาจารย์เนตร สุวรรณฤทธิ

แต่งตั้งอาจารย์ที่ปรึกษาของนักศึกษา

เทคนิคการแพทย์

คำสั่งคณะแพทยศาสตร์ ที่ ๒๘/๒๕๑๕ ลงวันที่ ๒๔ เมษายน ๒๕๑๕ แต่งตั้งอาจารย์

ที่ปรึกษาเทคนิคการแพทย์ดังนี้

ชั้นปีที่ ๔

อาจารย์สวัสดิ์ ลังการสิทธิ์

อาจารย์สุชาติ ศิริหุล

ชั้นปีที่ ๓

อาจารย์สุวิระ รณวิชญ

อาจารย์พัทธภรณ์ ชมเชิงแพทย์

อาจารย์เพ็ญศรี วรรณฤมล

ชั้นปีที่ ๒

อาจารย์ชโล บัวน้ำจืด

อาจารย์ผาสก ชมเชิงแพทย์

อาจารย์จันจิ ศิริวิทยาการ

ชั้นปีที่ ๑

อาจารย์วารุณี คุณาชีวะ

อาจารย์อัญชลี กิตติชนม์วัช

อาจารย์มาลินี เขาวพันธ์

นักศึกษาที่เข้าศึกษาในมหาวิทยาลัยก่อนปี

๒๕๑๕

อาจารย์ไพโรจน์ สภาวจิตร

โดยอาจารย์ที่ปรึกษาจะมีหน้าที่

- แนะนำและให้คำปรึกษา ในการเลือกวิชาที่จะลงทะเบียนเรียนในแต่ละภาคการศึกษา
- รับผิดชอบในการเก็บ ประวัติการศึกษาของนักศึกษา ในความดูแลตั้งแต่ต้นจนจบการศึกษา

- จัดทำใบเสนอขออนุมัติ ปริญญา (มช. ๒๒) เมื่อนักศึกษาได้ศึกษาครบหลักสูตรแล้ว เพื่อเสนอให้คณะตีพิจารณา
- รับปรึกษาปัญหาทั่วไปแก่นักศึกษา

ข้าราชการลาออก

อาจารย์จันทรา ณ เชียงใหม่ อาจารย์ตรี ภาควิชาเทคนิคการแพทย์ คณะแพทยศาสตร์ ซึ่งได้ลาไปศึกษาต่อที่สหรัฐอเมริกา เมื่อต้นปี พ.ศ. ๒๕๑๓ และขณะนั้นยังคงอยู่ ณ ประเทศ นั้น ได้ขอลาออกจากราชการ ซึ่งทางมหาวิทยาลัยเชียงใหม่ ได้อนุมัติให้ลาออกแล้ว ตั้งแต่วันที่ ๑ มิถุนายน พ.ศ. ๒๕๑๕ เป็นต้นไป.

สมรส

เทคนิคการแพทย์ ที่เข้าสู่วิธีมงคลสมรส ในระยะนี้คือ

- รต. สุวรรณ ละออง (เทคนิคการแพทย์ กรุงเทพฯ วันที่ ๑๒) แห่ง รพ.อนันต-มหิตล สมรสกับคุณเพ็ญจันทร์ ณ.อ. โคนสำโรง ลพบุรี เมื่อวันที่ ๒๕ กุมภาพันธ์ พ.ศ. ๒๕๑๕

- คุณสุรภา กั้นชากร (เทคนิคการแพทย์ เชียงใหม่ วันที่ ๓) แห่ง ร.พ. นคร เชียงใหม่ สมรสกับ รท. ฉะนัญ เตชะ แห่ง

ค่ายกาวิละ ณ.อ. เมือง เชียงใหม่ เมื่อวันที่ ๑๑ มีนาคม ๒๕๑๕

- คุณสุพรรณ บริสุทธิ์ (เทคนิคการแพทย์ กรุงเทพฯ วันที่ ๑๐) แห่งบางกอก เนอร์สซิง โฮม สมรสกับ คุณอรุณี โชติ-รนพัสค์ (รังสีเทคนิค รุ่น ๑) แห่งสถาบัน มะเร็งแห่งชาติ ณ นครหลวงกรุงเทพ-ธนบุรี เมื่อวันที่ ๑๕ เมษายน ๒๕๑๕

- คุณณรงค์ อรุณาทิตย์ (เทคนิคการแพทย์ กรุงเทพฯ วันที่ ๙) แห่ง รพ.ประสาท พญาไท สมรสกับ คุณพรทิพย์ ณ นคร หลวงกรุงเทพ-ธนบุรี เมื่อวันที่ ๙ พฤษภาคม ๒๕๑๕

อุปสมบท

ได้ทราบข่าวที่น่ายินดีว่า อาจารย์ประยูร อินบริบูรณ์ เทคนิคการแพทย์กรุงเทพฯ วันที่ ๑๐ อาจารย์โท ภาควิชาจุลชีววิทยา คณะ แพทยศาสตร์ มหาวิทยาลัยเชียงใหม่ และประ-จำกอง บรรณารักษ์การ วารสาร เทคนิคการแพทย์ เชียงใหม่ จะอุปสมบทในวันที่ ๓ มิถุนายน พ.ศ. ๒๕๑๕ ณ วัดนากระรอก อ.พนัสนิคม ชลบุรี.

อีกท่านหนึ่ง คือ อาจารย์สุวิระ รณวิชัย เทคนิคการแพทย์กรุงเทพฯ วันที่ ๙ อาจารย์โท

ภาควิชาเทคนิคการแพทย์ คณะแพทยศาสตร์
มหาวิทยาลัยเชียงใหม่ จะอุปสมบทในราว ๆ
กลางเดือนมิถุนายน ๒๕๑๕ ณ จังหวัด
สุราษฎร์ธานี

ข้าราชการลาศึกษาต่อ

อาจารย์สุพัตรา พิราคม เทคนิคการแพทย์
เชียงใหม่ รุ่นแรก อาจารย์โท ภาควิชาจุลชีว
วิทยา คณะแพทยศาสตร์ มหาวิทยาลัยเชียง
ใหม่ ได้ลาไปศึกษาต่อชั้นปริญญาโท ทาง
จุลชีววิทยา ณ มหาวิทยาลัยมหิดล นครหลวง

กรุงเทพฯ-ธนบุรี มีกำหนด ๒ ปี ตั้งแต่เดือน
มิถุนายน ๒๕๑๕ เป็นต้นไป และทางบัณฑิต
วิทยาลัย มหาวิทยาลัยมหิดล ได้ส่งตัวให้มา
ทำปริญญาโทต่อ ที่ คณะแพทยศาสตร์ มหา
วิทยาลัยเชียงใหม่

อาจารย์ดำรง พิณตานนท์ เทคนิคการ
แพทย์เชียงใหม่ รุ่นแรก อาจารย์โท ภาควิชา
เทคนิคการแพทย์ ได้ลาไปศึกษาต่อชั้นปริญญา
โท ทางพยาธิวิทยา ณ มหาวิทยาลัยมหิดล
นครหลวงกรุงเทพฯ-ธนบุรี มีกำหนด ๒ ปี นับ
ตั้งแต่เดือนมิถุนายน ๒๕๑๕ เป็นต้นไป.

อัตราค่าโฆษณาในระยะเวลา 1 ปี
The advertising rate per year

เต็มหน้า	600.00 บาท	Full page	600.00 bahts
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